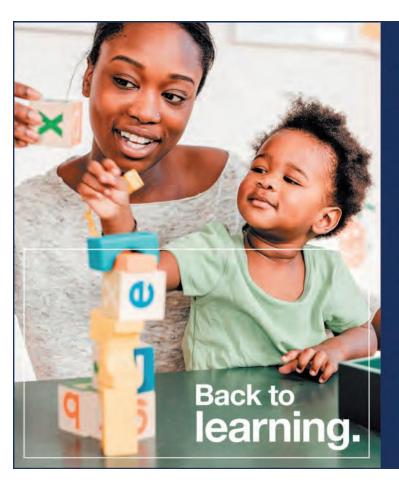


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- VA Loan Resource Center
- Installation Info & More





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Please visit us at www.marcoa.com and www.mybaseguide.com.



Our Military

at Malmstrom Air Force Base

THE CITY OF GREAT Falls, Montana, just east of Malmstrom Air Force Base, is about 1,000 miles northwest of the geographic center of the contiguous 48 states. In driving terms, it's about 90 miles north of Helena, Montana, on Interstate 15; 370 miles east of Spokane, Washington, on Interstate 90; 580 miles north of Boise, Idaho, on Interstate 15; and 130 miles south of Sweet Grass, Montana, on Interstate 15 at the U.S./Canadian border.

Malmstrom Air Force Base was activated in September 1942. Today, it is the home of the 341st Missile Wing. Malmstrom is one of three U.S. Air Force bases that maintains and operates the Minuteman III intercontinental ballistic missile. The 341st Missile Wing, headquartered at Malmstrom, reports directly to 20th Air Force, F.E. Warren Air Force Base, Wyoming, and is part of Air Force Global Strike Command, headquartered at Barksdale Air Force Base, Louisiana.

The 341st Missile Wing operates Minuteman III missiles which provide the critical

component of the United States' on-alert strategic forces. The wing also hosts a mission partner, the 40th Helicopter Squadron, which operates UH-1N "Huey" helicopters throughout a 13,800-square-mile missile complex. The helicopters are used as a force-multiplier in day-to-day security of the missile complex.

The 341st Missile Wing is made up of a wing staff and five groups: the 341st Operations Group, 341st Maintenance Group, 341st Mission Support Group, 341st Security Forces Group and 341st Medical Group.

Tenant units at Malmstrom Air Force base include the 40th Helicopter Squadron, 561st Network Operations Squadron Det. 4, the 819th RED HORSE Squadron and the AFOSI Det. 806.

Population

The base has about 4,000 active-duty military and civilian members. Approximately 2,600 family members live and work on and around the base, and an estimated 6,500 veterans live in the local area.

Economic Impact

Malmstrom Air Force Base's economic impact on the local economy in fiscal year 2018 totaled approximately \$350 million. It is the seventhlargest employer in Montana and created 1,356 indirect jobs in fiscal year 2018.

HISTORY

Malmstrom Air Force Base traces its beginnings to 1939 when World War II broke out in Europe. Concern about the war caused the local Chamber of Commerce to contact Montana's senators and request they consider development of a military installation in Great Falls. In 1942, a survey team evaluated an area near the Green Mill Dance Club and Rainbow Dam Road, approximately 6 miles east of Great Falls. Great Falls was considered for a heavy bomber training base. Construction began on Great Falls Army Air Base on May 9, 1942. The base was informally known as East Base since the 7th Ferrying Group was stationed at the

Continued on Page 6



QUICK REFERENCE NUMBERS

MALMSTROM AIR FORCE BASE

All phone numbers are subject to change. For more information, call 406-731-1110.

341st Medical Group	406-731-4633
Air Force Aid Society	406-731-4900
Airman & Family Readiness Center	406-731-4900
American Red Cross	877-272-7337
Arts and Crafts	406-731-4700
Auto Hobby Shop	406-731-3777
Bowling Center	406-731-4643
Central Appointments, 431st Medical Group	406-731-4633
Chapel	406-731-3721
Child Development Center	406-731-2417
Circle	406-731-3484
Commissary	406-731-3432
Credit Union (1st Liberty Credit Union)	406-761-8300
Dining	
Aces High Snack Bar	
Elkhorn Dining Facility	
Grizzly Bend	
DOD Safe Helpline	877-995-5247
Education and Training Center	406-731-3531
Employee Assistance Program (EAP)	800-222-0364
Exceptional Family Member Program	406-731-4900
Exchange	406-454-1301
Express with Gas	406-454-1301
Family Child Care	406-403-1606
Fitness Center	406-731-3600
Health Benefits Advisor/TRICARE	800-444-5445
	888-363-2273
Housing Management Office406	6-731-3056/2272
Legal Services	406-731-2878
Library	406-731-4638
Lodging (Malmstrom Inns and Suites)	406-731-3394
Military Clothing Store	406-454-1301

Military Personnel Flight	406-731	-4155
Military OneSource	800-342	-9647
Outdoor Recreation	406-731	-3263
School Liaison Officer	406-731	-3505
Sexual Assault Prevention and Response	406-781	-6005
Suicide Prevention Lifeline	800-273	-8255
Youth Programs/School Age Care	406-731	-4634

MALMSTROM AIR FORCE BASE ONLINE

Official site: http://www.malmstrom.af.mil 341st Force Support Squadron: https://341fss.com

MYBASEGUIDE



Digital Guide

https://mybaseguide.com/air_force/27/malmstrom_afb



Mobile App

http://www.mbgapp.com

Download the free MyBaseGuide app to your mobile device and find more information about local health care, education, housing and recreational activities on the Around Town tab for Malmstrom Air Force Base.

SOCIAL MEDIA



Facebook

http://www.facebook.com/ MalmstromAirForceBase



Twitter https://twitter.com/



Instagram

http://instagram.com/ malmstromafb



USAF Connect

https://apps.apple.com/us/app/ usaf-connect/id1403806821

People around the world increasingly stay connected through social media, whether it be with a deployed service member, with friends and families in locations around the world or with the bases where you have been stationed or expect to transfer.

Here are some safety tips for using social media:

- 1. Never post confidential personal information such as your date of birth, address. Social Security number, or bank and credit card account numbers. Never provide this type of information when signing up for a social networking site. Most sites do not require it, and you should be wary of those that do.
- 2. Don't invite people whom you don't know to be your "friend." You do not want strangers to know details about you or your family.
- 3. Never share operational information, such as upcoming ports of call and military exercises. Such information can compromise operational security and the safety of our service members.

The Public Affairs Office can provide guidance on the type of information that should not be shared in a public forum such as a social network or blog.



Continued from Page 4

municipal airport on Gore Hill. Its mission was to establish an air route between Great Falls and Ladd Field in Fairbanks, Alaska, as part of the United States Lend-Lease Program that supplied the Soviet Union with aircraft and supplies needed to fight the German Army.

Great Falls Army Air Base was assigned to 2nd Air Force, and the first B-17 Flying Fortress landed on Nov. 30, 1942. Four bombardment groups, the 2nd, 385th, 390th and 401st, trained at Great Falls from November 1942 to October 1943. The group's headquarters and one of its four squadrons were stationed in Great Falls with the other squadrons stationed at Cut Bank, Glasgow, and Lewistown, Montana. Aircraft would take off at a predetermined time, form up in squadron formation over their respective location, and later, over central Montana, join up in group formation. These bombardment groups went on to participate in decisive raids over Germany opening the door for Allied daylight precision bombing.

Upon completion of the B-17 training program in October 1943, Great Falls Army Air Field was transferred to the Air Transport Command, and units from Gore Field transferred to the base. More buildings were constructed this year, including a consolidated mess, a Post Exchange, a theater and a 400-bed hospital. Moreover, the Lend-Lease Program continued which included P-39, C-47, B-25 and A-20 aircraft. B-25 Mitchell Bombers arrived by rail and were assembled on base; others were flown in by both military and Women Air Force Service Pilots (WASPs). These aircraft were later flown by U.S. pilots by way of the Alaskan-Siberian Route (ALSIB) through Canada to Fairbank, and transferred to Russian pilots who in turn flew them into Siberia. A total of 1,717,712 pounds of cargo containing aircraft parts, tools, miscellaneous equipment, explosives and medical supplies were shipped through Great Falls Army Air Base to Russia. Aircraft shipments to the Soviet Union stopped in September 1945, when World War II ended, with approximately 8,000 aircraft having been processed in a 21-month period.

Following WW II, Great Falls Army Air Field served as a port of embarkation for movement of personnel and supplies to Alaska and the northern Pacific. A reserve training unit was established here for the 4th Air Force from Oct. 10, 1946, to March 6, 1947. In September 1947, the United States Air Force became a separate service and the base's name changed to Great Falls Air Force Base.

The Cold War heated up when the Soviet Union closed all land travel between West Germany and West Berlin. The United States and Britain vowed not to abandon West Berliners to the Berlin Blockade. On June 25, 1948, Operation Vittles, the strategic airlift of supplies to Berlin's 2,000,000 inhabitants, was initiated. Great Falls AFB played a critical role in assuring the success of this vital operation. Officials selected the base as the only replacement aircrew training site for Berlin Airliftbound C-54s, officially activating the 517th Air Transport Wing. Using radio beacons, Great Falls AFB was transformed to resemble Tempelhof Airport in Berlin, Germany. Hundreds of pilots and flight engineers, many of whom were recalled to active duty, were qualified on the C-54 aircraft and on flight procedures to and from Berlin by practicing on ground mock-ups and flying simulated airlift missions. Later, the 517th Air Transport Wing was redesignated the 1701st Air Transport Wing. This wing's primary mission was the routing and scheduling of flights throughout the Pacific Ocean region and in support of allied forces in the Korean Conflict.

Great Falls AFB has also played a major aerial defense role in the North American Air Defense mission. The 29th Air Division activated at Great Falls AFB in March 1951, bringing with them fighter interceptor squadrons, an aircraft control and warning squadron, and ground observer detachments. The 29th Fighter Interceptor Squadron activated in 1953 and remained at Great Falls until 1968. With the creation of the North American Aerospace Defense Command (NORAD) in 1957, the air defense mission at Malmstrom AFB was responsible for a region covering the northern mountain and plains states of North America. This was comprised of four fighter-interceptor squadrons and radar sites stretching from the Rocky Mountains and across the Dakotas. Malmstrom AFB served as the NORAD alternate command post, active until 1983.

In 1954, the base was aligned under Strategic Air Command (SAC) and the 407th Strategic Fighter Wing was assigned to Great Falls AFB. The Wing's F-84 fighters and KB-29 air refuelers provided fighter escort for SAC's long-range B-36 bombers. They carried out nuclear strike and fighter escort and air refueling capability was an integral part of SAC's long-range atomic strike force. On Aug. 21, 1954, the 407th SFW Vice Commander, Col. Einar Axel Malmstrom, died when his T-33 crashed west of the airport at Gore Field. Although his tenure was short, he was well liked by the local community. It was the local civilian community that led the efforts to rename Great Falls AFB for Col. Malmstrom. On Oct. 1, 1955, the base was officially renamed as Malmstrom AFB.

The 341st Bombardment Wing was re-designated the 341st Strategic Missile Wing and activated at Malmstrom AFB on July 1, 1961. The 10th Strategic Missile Squadron (SMS) was activated Aug. 1, 1961, and Alpha-01, the first launch control facility, was completed in July 1962. The first Minuteman I intercontinental ballistic missile (ICBM) arrived on base by rail July 23, 1962. Just four days after the missile's arrival, Launch Facility Alpha-09 gained the title of the first Minuteman missile site. Later in 1962, the missiles assigned to the nation's first Minuteman ICBM wing would play a major role in the Cuban Missile Crisis. On Oct. 27, the first of the 10th SMS's launch facilities, with Alpha-06 first, were placed on strategic alert after it was discovered the Soviet Union had placed nuclear missiles in Cuba. The following day, Soviet Premier Khrushchev agreed to recall





Russian ships en route to Cuba and withdraw nuclear-capable missiles. The Soviets eventually removed all their missiles from Cuba. The 10th Strategic Missile Squadron later assumed their motto, "Ace in the Hole," referring directly to the first Minuteman missiles on alert of the 10th SMS.

Throughout the 1970s and 1980s, the wing's missiles remained on alert and underwent extensive weapons systems upgrades. The 17th Defense Systems Evaluation Squadron, equipped with EB-57 Canberras, was activated here in the 1970s to train NORAD air defense personnel in electronic countermeasures. From 1988 to 1992, the Hardened Mobile Launcher for the Small ICBM was tested at Malmstrom AFB to verify its ability to operate in harsh winter conditions.

A major restructuring occurred in 1989 when SAC relocated the 40th Air Division to Malmstrom AFB and assigned it host responsibilities for both the newly activated 301st ARW and the 341st Strategic Missile Wing. The 301st ARW deployed to Moon Island in the Persian Gulf during Operation Desert Storm. During this time the 301st flew 443 combat sorties refueling 936 coalition aircraft. On Sept. 1, 1991, the 341st SMW became the 341st Missile Wing. Also in 1991, the Strategic Arms Reduction Treaty, or START, was officially formalized. President Bush took all Minuteman II missiles, bombers and tankers off alert status Sept. 28. In November 1991, the 12th Missile Squadron's Launch Facility J-03 became the first to have its missile removed in compliance with the order. It would be three and a half years until the last Minuteman II in the Air Force inventory was

removed from Kilo-11 on Aug. 10, 1995. As Minuteman II missiles were removed, a new program called Rivet Add was launched, modifying the 150 Minuteman II launch facilities to accommodate the newer Minuteman III.

In the early 1990s, host responsibilities changed several times due to massive Air Force restructuring programs. On Jan. 15, 1992, Malmstrom's host responsibilities were again transferred, this time to the Air Mobility Command's 301st ARW. The 301st ARW was re-designated the 43rd ARW. In July 1993 responsibility for the nation's ICBM force was transferred to Air Force Space Command. The 341 MW transferred from ACC to Air Force Space Command and the 43rd ARW was re-designated as a group, transferring host responsibilities back to the 341

The 1995 Defense Base Realignment and Closure Commission led to the inactivation of the 43rd Air Refueling Group with the 91st Air Refueling Squadron transferring to MacDill AFB, Florida, along with the remainder of the refuelers at Malmstrom. On Jan. 1, 1997, Malmstrom's runway was declared inactive for the first time in the base's history. On June 1, 1997, the 819th RED HORSE Squadron arrived, providing a rapidly deployable engineer mission to military and humanitarian operations worldwide. The 819th also has the distinction of being the first Air Force associate squadron with the 219th RED HORSE Squadron of the Montana Air National Guard.

On Aug. 15, 2008, the 564th Missile Squadron inactivated at Malmstrom AFB, as the last ICBM squadron inactivated to that point. The 564th MS had been the first operational ICBM squadron in the United States when it first

activated at F.E. Warren AFB, Wyoming, in 1958. It later again activated at Malmstrom and was the first of the wing's squadrons equipped with the Minuteman III missile.

The wing's Minuteman Missiles have also undergone improvements and upgrades. An extensive life-extension program is underway to keep the missiles safe, secure and reliable well into the 21st century. These major programs include: replacement of the aging guidance system, remanufacture of the solid propellant rocket motors, replacement of standby power systems, repair of launch facilities and installation of updated, survivable communications equipment. These efforts will extend the life of the Air Force's ICBM force to 2020 and beyond — guaranteeing Malmstrom AFB's future into the 21st century.

ORGANIZATIONS341ST OPERATIONS GROUP

The 341st Operations Group, activated Sept. 1, 1991, is made up of more than 400 operators, administrators and facility managers. Together, they ensure the day-to-day combat readiness of the base's missile alert

DOCUMENTS TO CARRY FOR INPROCESSING

- Several copies of your orders.
- Certified copies of birth certificates, adoption papers, naturalization papers, marriage license, divorce papers, etc.
- Copy of advanced pay or allowance paperwork.
- All moving paperwork including TMO information, self-move paperwork and all receipts associated with moving.
- Employment records or resumes of civilian family members.
- Medical and dental records of your entire family from your previous duty station.
- Immunization records for all children, activeduty members and pets.
- School records and transcripts for students.
- Copies of all insurance policies.
- Copies of all occupational licenses and certifications.
- Purchase agreements for vehicles, showing state sales tax paid.
- Vehicle registrations and titles.
- Household goods inventory.
- Letters of credit from utility companies.
- Copies of federal income tax forms.
- Copies of recent leave and earnings statements.

facilities and Minuteman III intercontinental ballistic missiles spread across a 13,800-square-mile missile complex; the largest such complex in the western hemisphere. The group is composed of three missile squadrons, an operations support squadron, and a standardization and evaluation division.

The 10th, 12th and 490th Missile Squadrons are warfighting units comprised of missile operators and facility managers. Each squadron provides highly trained, on alert missile combat crews prepared to employ the world's most powerful weapon system in support of United States' strategic objectives. The professional facility managers stationed at each missile alert facility ensure the operations, maintenance and security forces crews who live and work out of their facilities are care for, prepared and ready to carry out their missions.

The 341st Operations Support Squadron's current operations, weapons and tactics, codes, host aviation resource management and weather sections are key to accomplishing the group and wing mission. The 341st OSS trains missile crew instructors and support personnel for on-alert duties and provides critical targeting, command and control capability, and coding actions for approximately 133 ICBMs. Additionally, 341st OSS monitors and documents crew force readiness through the HARM office, and keeps base agencies aware of up-to-date weather patterns as an integral part of Team Malmstrom.

The 341st Operations Group Standardization and Evaluation section supports the wing mission by standardizing and evaluating operational procedures and facilities of the missile combat crews and facility managers. This is accomplished through rigorous check-sights, simulator and field evaluations, and meticulous verification of any change to procedure. This section provides critical feedback to the operations group on the effectiveness of combat-ready forces, training and the ability to perform the unit mission. In addition, 341st OGV is the operations technical adviser to wing senior leadership.

Working together, these men and women carry out their mission as one cohesive team by providing lethal global strike power to the president of the United States, deterring adversaries and assuring our allies.

341ST MAINTENANCE GROUP

The 341st Maintenance Group was activated in October 2002. The 341st MXG strives in its everyday duties to support the warfighter with the maximum number of fully modernized, combat-capable Minuteman III missiles on alert. The group consists of three squadrons and a quality assurance section.

The 341st Missile Maintenance Squadron is responsible for maintaining the immediate launch readiness of approximately 133 Minuteman III ICBMs spread over a 13,800-squaremile complex. They replace limited life components; remove and replace missiles, reentry systems and guidance sets; and repair security, command and control, communication systems, and electrical and environmental control systems. Technicians also conduct periodic maintenance inspections and perform corrosion control to sustain launch facilities and missile alert facilities.

The 741st Maintenance Squadron supports all maintenance activities affecting approximately 133 Minuteman III launch facilities. The squadron plans and monitors production efforts of more than 300 maintenance technicians and conducts all ancillary and technical training, ensuring job proficiency and mission readiness. They provide maintenance in five diverse sections: electronics laboratory, aircraft aerospace ground equipment, mechanical and pneudraulics, vehicles and equipment, and power, refrigeration and electrical systems. The 741st MXS also ensures the readiness of nuclear-certified vehicles, valued at \$30 million. The squadron provides weapon system technical expertise and oversees programming and budget execution for the 341st Maintenance Group.

The 341st Munitions Squadron generates combat-ready Minuteman III re-entry systems and conventional munitions in support of the missile wing's strategic deterrence and defense operations. They are responsible for both maintenance and accountability of the missile wing's \$5.5 million conventional munitions and \$3.8 billion nuclear weapon stockpiles. Additionally, the unit is directly responsible for critical maintenance in support of U.S. Strategic Command's alert and wartime commitments, to include presidential drawdown and dismantlement programs.

Quality Assurance is responsible for assessing maintenance capability and effectiveness by evaluating personnel and procedures, and inspecting facilities, equipment, vehicles, technical data, maintenance data collection systems and managerial guidance. They provide the 341st Maintenance Group commander, squadron commanders and supervisors with an unbiased assessment of assigned weapon systems, maintenance programs and maintenance resources.

341ST SECURITY FORCES GROUP

The mission of the 341st Security Forces Group is to ensure the most stringent security forces' support to the largest intercontinental ballistic missile complex in the world through effective management of all warfighting and peacetime security taskings assigned to the 341st Missile Wing.

The 341st, 741st and 841st Missile Security Forces Squadrons organize, train and equip combat-ready personnel to secure the base's intercontinental ballistic missiles, missile alert facilities and launch facilities deployed throughout a 13,800-square-mile missile complex. In addition to securing the world's most powerful weapon 24/7, year-round, the three tactical squadrons are also responsible for ensuring the safety and security of maintenance



teams deployed to the missile complex, ensuring the ground-based prong of the nuclear triad is always ready to launch.

The 341st Security Forces Squadron provides law enforcement services to the main base complex, ensuring Team Malmstrom remains a safe and law-abiding community for a base population of more than 10,000. They provide entry control, base mobile patrols, security for resources in the weapons storage area, and military working dog teams providing explosive and narcotic detection. The 341st SFS also operates the pass and registration office, visitor control center and run Montana's first enhanced 911 center, which streamlines community 911 needs. They also operate a confinement facility supporting four Air Force bases.

The 341st Security Forces Support Squadron provides more than 1,200 security forces personnel with training, equipment and support to foster the most advanced warfighting and combat-ready force in Air Force Global Strike Command. It ensures forces are given the tools by training wing personnel in weapons qualifications and keys and codes for missile complex operations. The squadron also trains, equips and mobilizes all 341st Security Forces Group personnel in support of all Air Force domestic and aerospace expeditionary force missions. The 341st SSPTS also provides an on-call force known as the tactical response force, capable of responding to any hostile attack within the 13,800-square-mile missile complex or the confines of Malmstrom. Finally, through their convoy response force section, the squadron provides the highest degree of force protection for ICBMs during on and off base movements.

341ST MEDICAL GROUP

The 341st Medical Group provides quality medical care and services to the 341st Missile Wing Airmen and the Malmstrom community. Air Force and contract physicians perform outpatient treatment covering a wide variety of specialties, which include: family practice, pediatrics, gynecology, physical therapy, mental health, family advocacy, flight medicine, optometry, public health and immunizations. In addition, the 341st MDG has an in-house pharmacy, laboratory and radiology department. Patients who require specialty care not available at the clinic may be referred to local civilian specialists or to civilian or military hospitals by their primary care manager.

To schedule an appointment, call 406-731-4MED (4633). This number can be used after hours, on weekends and on holidays to contact the medical officer on call for urgent medical issues. The



Malmstrom clinic does not have an emergency room; call 911 for medical emergencies. For more information, call 406-731-4MED (4633).

341ST MISSION SUPPORT GROUP

As the largest employer and most diverse group on the base, the 341st Mission Support Group is charged with providing all required support functions to ensure base facilities, assigned personnel and their families are properly cared for. The heartbeat of Malmstrom is provided by the 341st Civil Engineer Squadron, 341st Contracting Squadron, 341st Logistics Readiness Squadron, 341st Force Support Squadron and 341st Communications Squadron.

Members of the 341st MSG are here to help you when you arrive, ensure that your tour is rewarding and assist you when it's time to depart. Their mission statement says it all: "To provide world-class support to enable the deterrent mission of the 341st Missile Wing on Malmstrom Air Force Base and across the wing's 13,800-square-mile missile complex in northcentral Montana. The 341st Mission Support Group also prepares and deploys expeditionary combat support forces in support of operations around the world."

819TH RED HORSE SQUADRON

The 819th RED HORSE Squadron was officially reactivated Aug. 8, 1997, and stationed at Malmstrom. RED HORSE is an acronym for Rapid Engineer Deployable, Heavy Operational Repair Squadron Engineer. It is designed to provide rapid construction and major repairs of airfields and supporting infrastructure. The

squadron's more than 240 personnel are made up of virtually every civil engineering discipline and also include vehicle maintenance, supply, logistics plans, services, security forces, communications and medical personnel. This composition ensures self-sufficiency while performing missions in the most remote parts of the world. The squadron has the capability to deploy within 72 hours of notification.

The 819th was originally activated as a RED HORSE squadron Jan. 12, 1966, at Phu Cat Air Base, Vietnam, and was deactivated Aug. 31, 1990, at Royal Air Force Wethersfield, England. It enjoys a distinguished history of accomplishments, including seven Vietnam campaign honors, three outstanding unit awards and the Republic of Vietnam Gallantry Cross with Palm.

Other than the 819th, there are three active duty, two Reserve and six National Guard RED HORSE squadrons in operation today. The 819th is the first "associate" RED HORSE squadron in the U.S. Air Force where approximately 75 percent is active duty and 25 percent is Air National Guard. The Air National Guard part of the 819th team is the 219th RED HORSE Squadron, which incorporates the former 120th Civil Engineer Squadron of the Montana Air National Guard.

40TH HELICOPTER SQUADRON

The 40th Helicopter Squadron falls under the 582nd Helicopter Group, 20th Air Force, F.E. Warren Air Force Base, Wyoming, providing combat-ready aircrew and flexible helicopter airpower to the 341st Missile Wing, in support of the shared strategic nuclear mission. The squadron performs priority security response for the missile field, aerial convoy surveillance, and priority airlift support for missile maintenance and operations. Each successful security operation is the result of the combined efforts of pilots, engineers, maintenance crews and attached security forces personnel providing services under the motto, "Deter, Detect, Defend." Additionally, the 40th supports the National Search and Rescue Plan for Montana, northern Wyoming and eastern Idaho. Since March 1968, the unit has logged more than 145,000 flying hours in the UH-1N Huey helicopter and is credited with over 425 lives saved.

ARRIVAL

See the Getting To & Around Cascade County chapter on Page 19 for information about local airports, train service and public transportation. The closest commercial flights land at Great Falls International Airport in Great Falls, about 30 miles from the base. Transportation is not provided to the base. There are no military shuttles from the airport to the base. There is a commercial mass transit bus service in Great Falls, but it has limited schedules. If your sponsor is not there to meet you, and it is before 4:30 p.m. weekdays, contact command post at 406-731-3801 to be put through to your unit so that they can send someone to pick you up. If it is after 4:30 p.m., take a taxi to the billeting office on the installation (be sure to get a receipt for reimbursement purposes when filing your travel voucher).

SPONSORSHIP

Contact your sponsor with your estimated arrival time and flight information if applicable before your arrival at Malmstrom Air Force Base. Sponsorship is vital to the relocation process. Don't PCS without talking to your sponsor before departing for Malmstrom Air Force Base. Your sponsor will answer any questions you have about the base and the local area, make lodging or dorm arrangements and meet you upon arrival. Your sponsor will be there to help you and your family until you are settled into your new community.

If you have not been in touch with a sponsor and your departure is nearing, contact your gaining unit, call the Airman & Family Readiness Center at 406-731-4900.

DRIVING DIRECTIONS

Cellphone use by the driver of a moving motor vehicle is prohibited on all Department of Defense installations unless the cellphone is used with a hands-free device.

From Great Falls International Airport

If you drive from the airport, leave the terminal via Airport Avenue then turn left to merge onto Interstate 15 North. Follow the interstate then take Exit 278 for U.S. 89 toward 10th Avenue S. Proceed east for about 6 miles. Turn left to proceed north on 57th Street S, then turn right onto 2nd Avenue N. Continue east to the Malmstrom Air Force Base visitor center.

From U.S. 87 N/U.S. 89 N

Arrive at Great Falls from the east. Turn right to proceed north on 57th Street S, then turn right

onto 2nd Avenue N. Continue east to the Malmstrom Air Force Base visitor center.

CHECK-IN PROCEDURES

Military Personnel Flight

Building 1191, Room 101............ 406-731-4155 https://341fss.com/manpower

Newly arrived personnel should report to Building 1191, Room 101, in uniform, within 24 hours of arrival to begin inprocessing. The Military Personnel Flight conducts inprocessing from 9 to 10 a.m. and from 2 to 3 p.m. Monday through Friday.

After signing in with Customer Support, individuals will be scheduled for their base inprocessing appointment in Building 1191, Room 207, from 8 to 10 a.m. Tuesday or Thursday (Personnel and Finance will brief during this session). This appointment must be completed before house-hunting can start. Airmen should report to the Malmstrom Inn, Building 1680, when arriving after duty hours, weekends or holidays for assistance with lodging. To make a reservation, call 406-727-8600 or 406-731-3394.

TEMPORARY LODGING

Malmstrom Inns and Suites

Building 1680

7028 4th Ave. N

To make a reservation, call......... 406-727-8600 or 406-731-3394

https://341fss.com/malmstrom-inns-and-suites

The Malmstrom Inn and Suites serves as a 24-hour arrival point for the base and primarily serves temporary duty travelers. Airmen should report to the Malmstrom Inn when arriving after duty hours, weekends or holidays for assistance with lodging. Reservations are taken 24/7 and should be made when you receive permanent change of station or TDY orders. Reservations can be made for up to 30 days for a PCS, and unlimited days for the TDY guest.

The Malmstrom Inn features 83 rooms, each equipped to meet Air Force standards. Some rooms are also pet friendly, for those who meet specific eligibility and availability. The Inn has the following amenities: an exercise room, business center, small conference room and Wi-Fi throughout all its facilities. All rooms are smoke-free. The Inn regularly has space available during the off-season (October through March).

Thirty extended stay suites are open for newly arriving PCS in and departing PCS out families. These units feature an in-room washer and dryer, Sony PlayStations, 25-inch color television, electric range with a ceramic top and individually controlled heating and air-conditioning. Half of the units are two-bedroom facilities. Children





can stay in a separate bedroom with permanent beds and closets instead of in the living room. The interior furnishings are new and accentuate the feeling of being home.

GETTING SETTLED HEALTH CARE

341st Medical Group

Base Operation Medical Clinic 7300 North Perimeter Road

The 341st Medical Group serves Malmstrom Air Force Base and beneficiaries in the surrounding area. Its mission is to ensure a fit and medically ready force; to provide trained, current and extractable medics to meet the local and global challenges; to build a healthier and safer community through preventive medicine; to provide responsive, cost-effective care and service to patients; and to ensure a full spectrum of care with federal and civilian health care providers.

To that end, the Base Operational Medicine Clinic is designed to manage physical exam, health assessment and Medical Standards Management Element functions within an occupational medicine clinic. The facility provides multiple medical services, including dentistry, family health, flight medicine, immunizations, lab testing, mental health care, optometry, pediatrics, physical therapy, radiology, women's health and more. Visit the 341st Medical Group online for more information.

Dental care is available to active-duty military only. Family members of active-duty personnel are encouraged to use the TRICARE Dental Program. Program information is available by visiting www.tricare.mil/CoveredServices/Dental/TDP.

TRICARE

TRICARE is the health care program for active-duty and retired service members, their families and survivors. TRICARE provides health plans, prescriptions, dental plans and other special health programs to its beneficiaries. TRICARE's mission is to enhance the Department of Defense and the nation's security by providing health support for the full range of military operations and sustaining the health of all those entrusted to their care.

TRICARE offers a range of health care plans. TRICARE Prime is the mandatory health care option for active-duty service members. Family members of active-duty service members, retired service members and their families may also use this option. If you use TRICARE Prime, you are assigned a primary care manager at a military or network provider who delivers most



of your care. If you need care your PCM cannot provide, you are referred to a specialist. Activeduty service members and their families pay nothing out of pocket for this option; however, there is less freedom to choose your provider. On Jan. 1, 2018, TRICARE Standard and Extra were combined into a new plan, TRICARE Select. Select is a standardized fee-for-service plan available to family members of active-duty service members, retired service members and their families. After you enroll in TRICARE Select, you may schedule an appointment with any TRICARE-authorized provider. Referrals are not required, but you may need prior authorization from your regional contractor for some services. You will pay a copay or cost share based on the type of care and provider you see. Costs for Select vary, but you will pay an annual deductible as well as a percentage of covered services. Non-network providers may charge up to 15 percent more than the TRICARE allowable charge; you are responsible for these extra charges. TRICARE also offers plans for remote and overseas locations, reserve military members, young adults who are no longer covered under regular TRICARE coverage and other scenarios.

TRICARE coverage is completely portable, so it moves with you when you relocate. Follow these simple steps to ensure you have no break in coverage when you move:

- Do not cancel your TRICARE Prime enrollment option before you move.
- Update your personal information in DEERS immediately when you arrive at your new location.
- Select a new primary care manager.

If you are already using TRICARE Select, moving is easy. When you arrive at your new

location, update your personal information in DEERS. Then find TRICARE-authorized providers in your new area. Remember, you may have a new regional contractor and claims filing address.

TRICARE's online tools can help you find and compare plans that you are qualified to use. Beginning in 2019, however, TRICARE will allow you to switch between plans only if you have a "qualifying life event" such as the birth of a baby or a move. For a complete description of the types of coverage programs and regions, visit www.tricare.mil. For more information about recent changes to TRICARE, visit https://tricare.mil/changes.

HOUSING

Housing Management Office

6945 Goddard Drive406-731-3056/2272 www.housing.af.mil/Units/Malmstrom

The Malmstrom Air Force Base Housing Management Office is ready to help you transition to your new home and community. Use its resources to become familiar with available housing options and support services. When you arrive at Malmstrom Air Force Base, visit the HMO for valuable information, counseling and guidance before signing any lease or sales contract for housing.

Unaccompanied Housing

Unaccompanied housing is provided for unaccompanied airmen in the ranks of E-1 to E-3, and E-4 with less than three years of service. Each airman is provided a private sleeping room, furnishings, bed linens and supplies required for comfortable living. Permanent party unaccompanied housing consists of single-occupant

rooms, a shared bathroom and an in-house laundry facility open 24/7. The campus is within walking distance to the chow hall and PSC mailboxes.

Unaccompanied airmen in the rank of E-4 with greater than three years of service will move into housing in the local community.

Malmstrom AFB Homes

At Malmstrom Air Force Base, military family housing is privatized. In addition to your option to purchase and rent housing in the local community, you may choose to live in privatized housing by signing a tenant lease agreement with Balfour Beatty Communities, which owns Malmstrom AFB Homes, the family housing, and is responsible for constructing, maintaining, repairing and managing the community.

For comprehensive information about homes and amenities in the Malmstrom privatized housing community, visit the Malmstrom AFB Housing website.

MAIL

Charles M Russell Post Office

3400 9th Ave. S

Great Falls, MT 59405......406-791-2562 www.usps.com

The closest full-service post office to Malmstrom Air Force Base is located off the installation. Visit the U.S. Postal Service web site for hours and additional locations in Great Falls and Cascade County.

RELIGIOUS GUIDANCE

Malmstrom Air Force Base Chapel

The chapel supports the religious needs of all Air Force members. The chapel offers many programs, including worship, liturgy, rites and religious education. Chaplains also offer counseling. All communications with the chapel are confidential and protected by the Uniform Code of Military Justice. If you are seeking spiritual support for any denomination or faith group, contact the chapel. For current service times, visit the chapel's website.

VEHICLE REGISTRATION

Non-resident military personnel stationed in Montana may register their vehicles in their home jurisdictions or in Montana, unless they are gainfully employed in Montana outside of their military duties. If the military member or spouse obtains off-base employment, a Montana driver's license must be obtained within 90 days. Montana state traffic laws apply on base; see the Getting To & Around Cascade County chapter on Page 19 for more information. All vehicles entering or leaving base are subject to search.

SERVING YOU

DINING

Aces High Snack Bar

7340 4th Ave. N

(Aces High Bowling Center)...... 406-731-2695

Elkhorn Dining Facility

Grizzly Bend

7025 Goddard Drive......406-731-3359

For hours of operation, menus and special event information, visit https://341fss.com.

EDUCATION

Education and Training Center

The Education Center provides educational opportunities and counseling services to all Air Force members assigned to Malmstrom Air Force Base, active-duty personnel, DOD civilian employees, adult family members and military retirees. Extensive testing services allow individuals to earn college credit, gain college admission, attain professional certification, and determine interests and aptitudes. Seventy standardized tests have been designed by the College Level Examination Program (CLEP) and Defense Activity for Non-Traditional Educational Support (DANTES).

The Education & Training Center sponsors one on-site school, Park University. The Park University Malmstrom Campus Center offers associate and baccalaureate degree completion programs for active-duty military members, veterans, dependents, federal employees and civilians. Other educational opportunities available to Malmstrom in the local community include the University of Great Falls, Montana State University-College of Technology and Montana State University-Northern. These schools offer everything from certificate programs to associates, bachelors and masters degrees.

FAMILY SUPPORT

Airman & Family Readiness Center

The Airman & Family Readiness Center, a one-stop information and referral center, is the cornerstone of the Malmstrom family support system, helping airmen and their families enhance their readiness and quality of life.

Programs include the Air Force Aid Society, Exceptional Family Member Program, Military Family Life Consultant, Transition Assistance Program, Personal and Family Readiness, Personal Financial Readiness, School Liaison Program, Career Focus Program, the Air Force Families Forever Program and more.

The center serves active-duty military from all services, Guard and Reserve members, retired military and Department of Defense civilians and their family members. All services are free.

Child Development Center

The Child Development Center provides center-based care for children 6 weeks to 5 years old. The center provides a safe, nurturing environment that promotes the social, cognitive, language and physical development of youngsters. It is accredited by the National Association for the Education of Young Children and follows standards set by the Air Force Services Agency.

Children of active-duty military, DOD civilian personnel, reservists on active duty and DOD contractors are eligible. Fees are based on total family income. Registration requires a completed DD Form 2606, immunization records, leave and earnings statements and emergency contact information. The CDC, in conjunction with the Airman and Family Readiness Center and Air Force Aid Society, offers the Give Parents a Break program once a month. Log on to http://militarychildcare.com for space availability.

Exceptional Family Member Program

This program provides special-needs families with information and referral services.

Family Child Care

Family Child Care provides parents an alternative to center-based child care by offering full-time, hourly, evening and weekend care. Care is provided in home environments that are safe, nurturing and supportive. Care is offered for families with children 2 weeks to 12 years old. Requests for care can be made at http://militarychildcare.com. FCC also offers extended duty care; pre-deployment, deployment and return home care; subsidy, supplemental and home community care; missile care; emergency medical, wounded warrior and child care for fallen warriors; and PCS care.



All individuals caring for other families' children more than 10 hours a week on a regular basis must be certified through the Malmstrom FCC office. Contact the FCC office at 406-731-2116 for more information on how to become a provider.

School Liaison

7317 Goddard Drive......406-731-3505

The school liaison office is the connection between Malmstrom Air Force Base families and private and public schools. The office provides support to service members during all stages of transition and deployment to ensure children receive every available opportunity for quality education.

Youth Center

The Malmstrom Air Force Base Youth Center provides activities and programs that improve and maintain the physical and mental well-being of youth ages 6 to 18. The center features a full-size gym; a game room with pool table, foosball and video games; a snack bar; and school-age care wing. It also has an outdoor play area, basketball court and three baseball/softball fields.

The School-Age Program offers before- and after-school care as well as a full-time vacation program for children in kindergarten through sixth grade. It is accredited by the National AfterSchool Association.

Hours vary depending on school schedule; see the website for up-to-date information, including registration deadlines.

FINANCIAL SERVICES

LEGAL SERVICES

Office of the Staff Judge Advocate 341st Missile Wing/JA

7218 Goddard Drive, Room 15...406-731-2878 www.malmstrom.af.mil/Units/341st-Missile-Wing/Legal

The Office of the Staff Judge Advocate provides legal counsel to commanders and base leaders on myriad matters, including military justice, quality force management, civil law, labor law, environmental law, contract law, ethics law, operational law, and torts and claims law. The office also provides legal assistance concerning personal, noncriminal matters to active-duty military members of allied armed forces serving in the U.S. and retired personnel, as well as survivors and family members.

Legal assistance is offered by appointment only. Will preparation and signing is offered by appointment 8 to 10 a.m. Tuesdays. All other legal assistance appointments can be made 9 to 11 a.m. Wednesdays or 1 to 3 p.m. Thursdays. Notary service and powers of attorney are offered on a walk-in basis during the week from 8 a.m. to 4 p.m.

LIBRARY

The Arden G. Hill Memorial Library is the information/learning/morale, welfare and recreation center for Malmstrom, with both print and electronic resources to support airmen and their families with mission and educational needs. The library has access to more than 100 online databases for e-books, e-audiobooks, magazines, language instruction and educational materials. The library has approximately 30,000 books, DVDs, CD-ROMs, CDs, iPods, e-readers and other informational electronic media. The library also provides instruction and access information for all of its electronic resources including 3-D printing.

There are more than 20 computers for military and commercial internet, with high-speed Wi-Fi. There are also computers for teens and children, along with two children's early learning literacy stations. Free printing, scanning, faxing and copying is available. Programs for children at the library include Preschool Story Hour and Dial-a-Story (stories available by dialing the library line), the Reading Patch Club during the academic year, and a summer reading program for children and adults.

RECREATION

For information about the recreational programs at Malmstrom Air Force Base, visit

the 341st Force Support Squadron online at https://341fss.com.

Aces High Bowling Center

This modern, 3,400-square-foot, 12-lane facility includes a resale area, snack bar and a sports lounge. The center boasts a state-of-the-art scoring system, s ynthetic lanes, along with new pinsetters and an automated bumper system. Aces High hosts various special events, including the popular extreme bowling, various tournaments, youth and adult programs, parties and more.

Aces High also has an entertainment room called the Strike Zone, which offers large-screen TVs and a lounge atmosphere for eating and relaxing. Aces High Snack Bar is open daily and offers food and bowling specials.

Arts & Crafts Center

Feeling crafty? Need to use some supplies, or don't want to make a mess at home? Come check out the new Arts & Crafts center. The center is open Monday through Friday, and cost is \$3 per hour. The center features a Frame Shop, which provides a wide range of materials and custom-framing services. An Engraving Shop can engrave a wide range of wood, metal, glass and acrylics. Custom shadow boxes make great promotion and retirement gifts.

Auto Hobby Shop

Do your automobile maintenance at the center using its stalls, lifts and tools. It also offers auto classes for do-it-yourselfers, and mechanics if you prefer to leave the repairs in expert hands.



The center also handles the base's "Lemon Lot" program for when you're ready to sell your car, boat, camper, trailer, motorcycle, etc. Cost is \$10 per month.

Circle

Building 1145......406-731-3484

The Circle, located at Building 1145, is open to anyone with base access (under the age of 18 must be accompanied by their parent) and offers massage chairs, relaxation rooms, free Wi-Fi, video game systems, a patio with picnic tables and a gas grill, books, a conference room for small meetings/trainings, classroom training space, indoor golf, FREE coffee, counselors on request and more. The center is open 8 a.m. to 5 p.m. Tuesday through Friday and 4 to 9 p.m. Saturday. For questions or more information, contact the Circle at 406-731-3484.

Fitness Center

This state-of-the-art complex houses more than 53,000 square feet of the finest in health and fitness offerings. The heart of the facility is the huge multi-purpose gymnasium and indoor running track. Weight and cardio rooms have treadmills, elliptical and arc trainers, stair climbers, stationary cycles, spinning bikes and rowing machines. Watch your favorite program on most equipment or on the cardio theater with headphones. Other areas include four racquetball courts, a wallyball court, aerobics rooms, full-sized basketball courts, two smaller gymnasium floors and a quarter-mile, rubberized, outdoor running track.

A Fitness on Demand kiosk provides a variety of workouts including dance, cycling, kickboxing, kinetics, stomp and Fit for Duty. With a 120-inch, high-definition projection

monitor and capabilities to show more than 50 workouts both on and off location, the kiosk provides more opportunities to sustain a high level of physical fitness.

Grizzly Bend Club and Community Activities Center

The Grizzly Bend houses the installation's club and community center. The club is an all-ranks club that sponsors group socials as well as special events. In addition, the Bend offers a selection of rooms of various sizes, which can be reserved for base or private events for an affordable fee. The Grizzly Bend has a contract for off-base food operations, ready to cater for any event. Call for more information or to schedule an event.

Information, Tickets & Travel

Contract Outdoor Recreation for information about tickets to Disneyland, Disney World and other destinations.

Movies/Malmstrom Auditorium

https://341fss.com/movies

The Malmstrom Auditorium offers free movies Saturday afternoon and evening during the winter months, and free movies on Wednesday evening during the summer months. Movie schedules are at www.341fss.com/movies.

Outdoor Recreation

Outdoor Recreation has equipment rentals, the RecOn Program, family camping, an outdoor swimming pool with a 90-foot waterslide, the Single Airman Initiative, RV storage and more. Services are available to military ID cardholders.

Equipment rental is one of the most popular programs, offering everything from lawn and garden items to camping and boating equipment as well as sports gear and tools. Items may be reserved 30 days in advance.

Parks

Three base parks are perfect for picnicking or just enjoying the day. Pow Wow Park features an acre of fishing opportunities and is stocked annually with rainbow trout. Sun Plaza Park is a great venue for large groups or unit gatherings and barbecues. It features a playground, pavilions, a volleyball court and plenty of parking. Medal of Honor park features an open area suitable for cookouts, activities, and concerts. Call Outdoor Recreation for more information.

SHOPPING

Commissary

Save your hard-earned dollars when shopping for groceries at the commissary. In-store amenities and specialties include an ATM, a bakery, custom photo cakes, a deli, fresh sandwiches to go, party cakes, plants, rotisserie chicken, sushi and more.

Exchange

www.shopmyexchange.com

The Malmstrom Air Force Base exchange wants to be your first choice for shopping. It offers a price-match program that guarantees the lowest prices in town. Hours for services outside the main exchange vary, so call or visit the website for detailed information.

Main Exchange

7200 Perimeter Road	406-454-1301
Military Clothing Store	406-454-1301

Exchange Restaurants

Popeyes	406-454-1301
Subway	406-454-130

Express with Gas/Stripes Alteration

3uilding 13	40
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Express with Gas	406-454-1301
Alterations	406-217-2406

Gore Hill Annex

Building 50

Gore Hill Annex 406-452-6712

Other Facilities

Burger King, Building 596........... 406-727-7480







Welcome

to Cascade County

WELCOME TO MONTANA! There is nothing like Big Sky County, where vast plains stretch on for miles and the sky above seems limitless in expanse and beauty. Its name inspired by the numerous falls on the Missouri and Sun rivers which flow through it , Cascade County is home to a portion of the Adel Mountains Volcanic Field in the southwest corner, the Rocky Mountains in the western part and the Little Belt and Highwood Mountains in the southeast.

Cascade County, population 81,643 in July 2018, is home to the city of Great Falls, the county seat, and Malmstrom Air Force Base. The area is rich in historical and cultural attractions — and modern amenities. In addition to sweeping landscapes, open skies and peaceful natural settings, there are archeological sites, museums and parks. Outdoor activities abound, among them hiking, biking, golfing, hunting, skiing and rock climbing.

There are also shopping, dining and nightlife opportunities to explore: Annual events and festivals celebrate everything from Lewis & Clark,

home and gardens, pets on parade, rodeo competition, the Montana State Fair and more.

HISTORY

The earliest inhabitants of area that is now Cascade County entered the region from east of the Continental Divide. The area remained only sparsely inhabited through much of prehistory, except for Salish Indians who would hunt bison in the region seasonally. Piegan Blackfeet Indians migrated into the area around 1600, claiming the location of what is now Great Falls as their own, and the area remained the tribe's territory even after the United States claimed the region in 1803.

The first people of European and African descent to explore the region were those of the Lewis & Clark Expedition in 1805. Their exploration of the area, including the series of waterfalls along the Missouri River basin, helped establish the name of both the county and the city that would follow. After the return passage of the expedition in 1806, there were no known white visitors to the area until trapper Jim Bridger arrived in 1822. Bridger guided a U.S.

government mapping expedition to the region in 1838, spending four years in the area. The site of Great Falls changed hands several times in the mid-1800s, going from unincorporated frontier in 1854 to being part of Dakota Territory in 1861, Idaho Territory in 1863 and Montana Territory in 1864. It became part of Montana upon the establishment of statehood in 1889.

The convergence of the Missouri and Sun rivers made the region perfect for burgeoning settlement. Great Falls was founded in 1883, spurred by interest in hydroelectricity by businessman Paris Gibson. Investments continued to pour in, helping to establish the arrival of other settlers, stores, a flour mill, a post office, lumber yard, school and newspaper by 1885. The Great Northern Railway arrived in 1887, and Great Falls was incorporated in 1888, quickly becoming a bustling industrial and supply center.

From the late 1800s into the early 20th century, Great Falls was known for railroad and hydropower expansion, earning it the nickname "The Electric City." Railroads helped to bring the minerals of mines in Butte and Helena, Montana, to

Great Falls, creating vitals links to eager markets. The Great Falls Water Power & Townsite Company completed a dam to supply electricity to smelters near the river in 1891. Several dams were in operation throughout the early 1900 and even into the 1950s. A smelter chimney built around the turn of the 20th century, known as The Big Stack, was the tallest chimney in the world at the time of its completion in 1908. This local landmark operated for more than 70 years but closed in 1980.

During World War II, Great Falls became a supply hub through which airplanes were delivered to the Soviet Union according to the Lend-Lease program. Malmstrom Air Force Base, then informally known as East Base, was constructed during that time and began airfield operations in November 1942. The base brought 4,000 new residents to the city, and by 1943, Great Falls' population had shot up by about 5,600 to 35,000.

In the second half of the century, rail and freight transportation to the area slowed and populations left the surrounding farming areas. Closures of smelters and cutbacks at Malmstrom slowed further growth in the 1980s. However, the area has been able to support many public and private schools, including three institutions of higher education; semi-professional sports teams; a daily newspaper and numerous television and radio stations; an international airport; as well as a symphony and other arts organizations.

Though the county has endured the decline of heartland industry much like other cities in the Plains and Midwest, expectations remain positive for the future of the region. Manufacturing, retail and tourism continue to draw residents and visitors alike to the area, much like the cascading waterfalls did centuries ago.

SAFETY

State of Montana
Montana Disaster & Emergency Services

https://readyandsafe.mt.gov/Emergency

Montana Disaster & Emergency Services is the lead agency coordinating comprehensive emergency management in Montana. In collaboration with local and tribal governments, it builds, sustains and improves the state's ability to prepare for, protect against, respond to, recover from and mitigate hazards. MT DES is organizationally situated within the Montana Department of Military Affairs. The Federal Emergency Management Agency of the Department of Homeland Security provides guidance and grant oversight. Visit the agency's website for information about weather warnings, individual preparedness and more.

Cascade County

Disaster and Emergency Services

www.hillsboroughcounty.org/emergency

The mission of Disaster and Emergency Services is to save lives, reduce property damage and protect the environment. The DES coordinates the efforts of all response agencies and departments in preparations for coping with all emergencies or disasters. It also works closely with the County Rural Emergency Medical Services, Rural Volunteer Fire Districts, and the Community Emergency Response Team in the surrounding towns. Visit the DES website for more information.

WEATHER AND CLIMATE

Cascade County has a cold, semi-arid climate, with thunderstorms providing much of the summer precipitation. Winters are long, cold and snowy, and cold snaps are common. Summers are hot and dry, but freak early and late summer snowfalls are possible. In Great Falls, the warmest month is July with an average high temperature of 83 degrees Fahrenheit but mean maximums reaching up to the high 90s. December and January are the coldest, with average temperatures hovering around 15 degrees. The wettest part of the year is spring; about 14 inches of

precipitation falls annually, with the most precipitation occurring in May and June. Annual snowfalls, averaging about 63 inches, falls mostly from December through April.

Local Hazards

Every second counts in a disaster so planning and preparation can be lifesavers.

Montana Disaster & Emergency Services is the lead agency coordinating comprehensive emergency management to residents, communities, public safety professionals, businesses and schools. Go to the website, https://readyandsafe.mt.gov/Emergency, and click on "Guides" for information about planning resources, emergency management, security programs and more.

Another great resource for natural disaster and severe weather information is the Centers for Disease Control and Prevention website at www.cdc. gov/disasters. Here you can find information on how to prepare for various weather emergencies.

The following are considered significant hazards in Montana.

Earthquakes

Because of underground fault lines in the state, earthquakes can occur almost anywhere in Montana. Besides the damage from the shaking, earthquakes can trigger landslides, surface fault ruptures and liquefaction, all of which can cause injury or property damage. Contact your local city or county government for information on how to be prepared where you live. More information and ideas on how to protect yourself and secure the contents of your home can be found by visiting https://www.shakeout.org/montana/dropcoverholdon.

Extreme Heat and Sun Exposure

Some exposure to sunlight is good, even healthy, but too much can be dangerous. Broadspectrum ultraviolet radiation, listed as a known carcinogen by the National Institute of Environmental Health Science, can cause blistering sunburns as well as long-term problems like skin cancer, cataracts and immune system suppression. Overexposure also causes wrinkling and premature aging of the skin.

Cloud cover reduces UV levels, but not completely. Depending on cloud cover thickness, you can still burn on a chilly, overcast day, so be prepared with sunglasses, sunscreen, long-sleeved garments, wide-brimmed hats and a parasol.

Because of the county's high temperatures, it is important to take precautions to avoid heat exhaustion and heat stroke. Stay indoors when temperatures are extreme. Drink cool liquids often, particularly water, even if you do not feel thirsty. Avoid alcoholic beverages as they dehydrate the body. Eat small, frequent meals



and avoid foods high in protein, as they increase metabolic heat.

If you must venture outdoors, avoid going out during midday hours. Wear lightweight, light-colored clothing to reflect sunlight. Avoid strenuous activities and keep hydrated. Cover all exposed skin with a high SPF sunscreen and follow general sun exposure precautions. Never leave children or pets alone in closed vehicles.

Heat exhaustion symptoms include heavy sweating; weakness; cold, pale and clammy skin; a fast, weak pulse; nausea or vomiting; and fainting. If you experience symptoms of heat exhaustion, you should move to a cooler location. Lie down and loosen your clothing, then apply cool, wet cloths to your body. Sip water. If you have vomited and it continues, seek medical attention. You should seek out immediate medical attention if you experience symptoms of heat stroke, such as a body temperature of more than 103 degrees; hot, red, dry or moist skin; a rapid and strong pulse; or unconsciousness. For more information, visit www.cdc.gov/disasters/extremeheat.

Floods

Floods are the most common natural disaster in the United States. Even beyond coastal regions, flash floods, inland flooding and seasonal storms affect every region of the country, damaging homes and businesses. It is dangerous to underestimate the force and power of water.

During a flood watch or warning, gather your emergency supplies and stay tuned to local radio or TV stations for further weather information. If you are outdoors during a rainstorm, seek higher ground. Avoid walking through any floodwaters — even water 6 inches deep can sweep you off your feet. If you are driving, avoid flooded areas. The majority of deaths in floods occur when people drive through flooded areas. Roads concealed by water may not be intact. Water only a foot deep can displace a vehicle. If your vehicle stalls, leave it immediately and seek higher ground. Rapidly rising water can engulf a vehicle and sweep it away.

For more on protecting yourself from flooding in Montana, go to https://www.weather.gov/safety/flood-states-mt.

Thunderstorms

While more likely at certain times of the year, thunderstorms can happen anytime. A severe thunderstorm can knock out power; bring high winds, lightning, flash floods and hail; and spin into a twister in seconds. Pay attention to storm warnings. Remember the rule: "When thunder roars, head indoors." The National Weather Service recommends following the 30/30 rule: People should seek shelter if the "flash-to-bang" delay — the length of time in seconds from the sight of

LOCAL CONNECTIONS

Chamber of Commerce

Use the chambers' online membership directory to connect with local businesses as you settle into your new community.

Great Falls Area Chamber of Commerce

100 1st Ave. N

Government

Official state, county and city websites are valuable resources for newcomers because they provide information on the local government's boards and committees, public safety organizations, community social services and other helpful agencies. They also give up-to-date information on municipal contacts, local events and recreational opportunities.

For more information on your new home, visit:

State of Montana: https://mt.gov

Cascade County: http://www.cascadecountymt.gov City of Great Falls: https://greatfallsmt.net

News and Entertainment

Get a feel for your new community by tapping into its news and entertainment options online. From local news media or social media, you can get a better feel

for the vibe of your new town from the comfort of your armchair at home.

Newspapers

- The Great Falls Tribune: www.greatfallstribune.com
- The Electric: https://theelectricgf.com

Television Stations

- ABC: www.abcfoxmontana.com/great-falls
- · CBS: https://krtv.com
- FOX: www.abcfoxmontana.com/great-falls
- NBC: https://ktvh.com
- PBS: https://www.montanapbs.org

Radio Stations

- KGPR 89.9 (public radio): http://kgpr.org
- KLFM 92.9 (classic hits): https://kool929fm.com
- KMON 94.5 (country): https://945maxcountry.com
- KAAK 98.9 (Top-40): https://k99hits.com

Touriem

Drop in and learn the lay of the land from local experts.

Great Falls Montana Tourism

100 1st Ave. N, Lower Level Suite

the lightning flash to the arrival of its subsequent thunder — is 30 seconds or less, and remain under cover for 30 minutes after the final thunderclap.

For more information, visit the National Weather Service's website at www.weather.gov/safety/lightning.

Wildfires

The majority of wildfires are caused by humans. Causes include arson, recreational fires that get out of control, negligently discarded cigarettes and debris burning. Natural causes like lightning can also cause a wildfire.

If your home is in an area prone to wildfires, you can mitigate your risk. Have an evacuation plan and maintain a defensible area that is free of anything that will burn, such as wood piles, dried leaves, newspapers and other brush.

Even if your home is not in the vicinity of a wildfire, the smoke and ash produced by wildfires can create air quality issues for hundreds of miles. Pay attention to local air quality reports following a wildfire in your area.

Wildfires are unpredictable and impossible to forecast, so preparation is especially important. Visit http://dnrc.mt.gov/divisions/forestry/fire-and-aviation/fire-prevention-and-preparedness for information on wildfire preparedness.

Winter Storms

Prepare for winter storms by assembling a disaster supply kit for your home and vehicle. Have your car winterized before the winter storm season arrives. Listen to weather forecasts and plan ahead.

When winter storms and blizzards hit, dangers include strong winds, blinding snow and frigid wind chills. Avoid unnecessary travel during storm watches and warnings and stay indoors.

Winter storms can also cause power outages. During a power outage, gather in a central room with an alternative heat source. Use fireplaces, wood stoves and other heaters only if they are properly vented to the outside. Never use an electric generator or a gas or charcoal grill indoors. The fumes are deadly. If you use a space heater, keep the heater away from any object that may catch fire (drapes, furniture or bedding) and never leave it unattended. Avoid letting pipes freeze and rupture by leaving faucets slightly open so they drip continuously.

For more information on winter preparedness and winterizing your home and vehicles, visit http://readyandsafe.mt.gov/Home/Articles/do-you-know-your-winter-weather.



Getting To & Around

in Cascade County

SEVERAL HIGHWAYS EASILY LINK Cascade County to other parts of Montana, Idaho and Canada. Most travelers in the area choose to drive. Scenic, relaxing drives in the area include the CM Russell drive, the Lewis & Clark Drive and the mountains to Wind Towers Drive.

For those flying, there are three commercial airports within 200 or so miles, with numerous air carriers. Great Falls is also served by public bus service.

AIRPORTS

Great Falls International Airport

2800 Terminal Drive

Great Falls, MT 59404......406-727-3404 https://flygtf.com

Great Falls International Airport is about 10 miles from Malmstrom Air Force Base and is Montana's fifth-largest commercial airport, serving about 171,000 passengers in 2017. Major carriers include Alaska Airlines, Allegiant Air, Delta Air Lines and United Airlines.

Ground transportation includes bus, shuttle, taxi and six rental car companies.

For more information, visit https://flygtf.com/parking-transportation.

Helena Regional Airport Authority

2850 Mercer Loop

Helena, MT 59602 406-442-2821

https://helenaairport.com

Helena Regional Airport Authority is approximately 100 miles from Malmstrom Air Force Base and has three major carriers: Alaska Airlines, Delta Airlines and United Airlines. Ground transportation includes five rental car services, and taxi and shuttle services.

Bozeman Yellowstone International Airport

850 Gallatin Field Road

Belgrade, MT 59714 406-388-8321 https://bozemanairport.com

Bozeman Yellowstone International Airport provides air travel to central Montana and is approximately 190 miles from Malmstrom Air Force Base. It is served by seven carriers: Alaska Airlines, Allegiant, American Airlines, Delta Airlines, Frontier Airlines, JetBlue Airways and United Airlines. Ground transportation includes eight rental car services, buses and taxi services.

PUBLIC TRANSPORTATION

Great Falls Transit District

3905 North Star Blvd.

Great Falls, MT 59405......406-727-0382 www.gftransit.com

The Great Falls Transit District provides seven bus routes within Great Falls, including a route to Malmstrom AFB's main gate. For more information on fares and hours of service, visit the Great Falls Transit website.

DRIVING AND COMMUTING

One interstate and two U.S. highways cross through Cascade County.

Interstate 15 runs north/south and passes through the western edge of Great Falls, Montana. U.S. Highway 89 west to east across the county and travels with U.S. 87 on the eastern side until diverting south. U.S. Highway 87 runs northwest to Great Falls then continues northbound out of the county.



The Montana Department of Transportation provides free, real-time traffic information at www.mdt.mt.gov/travinfo. The department also offers a mobile app with roadway conditions, traffic cameras, travel alerts at more. Find the app for your mobile device at the Google Play store, the iOS App store or on Amazon.

Montana Motor Vehicle Division

207 Smelter Ave. NE #3

Great Falls, MT 59404......866-450-8034 https://dojmt.gov/driving

The Montana Vehicle Division issues driver's licenses, identification cards and vehicle registration and provides other driving-related services. Find many of the required forms, general information and drivers' manuals online at https://doint.gov/driving/onlineservices.

Driver's Licenses

Military personnel and their spouses who are stationed in Montana from elsewhere may continue to drive with a valid driver's license from their home state, but in general, all Montana residents who want to drive must apply for a driver's license once residency is established.

The state spells out what is required for licensing under various scenarios in its Montana Driver Manual, which can be downloaded at https://media.dojmt.gov/wp-content/uploads/MT-Driver-Manual-Jan-2015_Web.pdf.

Vehicle Registration

Applications associated with driving and vehicle registration are available online at https://dojmt.gov/driving/vehicle-title-registration-forms/, including DMV forms, requests for driving records and more.

Military members and veterans may be entitled to certain DMV exemptions and allowances. For more information on military and veteran exceptions and requirements, visit the website.

Distracted Driving

The state of Montana does not prohibit drivers from making calls on handheld wireless telephones while operating a motor vehicle. However, Great Falls restricts the use of hand-held communication devices within the city limits while operating a motorized vehicle or bicycle. Users will be able to talk on their phones, while in their car, but must use a hands-free device. While in a car in the city limits of Great Falls, you'll only be able to text if you are a passenger or if you are in a parking lane or out of moving traffic.

Montana Department of Transportation https://www.mdt.mt.gov

Visit the Montana Department of Transportation website for maps, information about road closures and travel advisories, to view live traffic cameras and even information for cyclists and pedestrians.



10 STEPS TO RESPONSIBLE DRIVING

Since you can't control the actions of other drivers, you must rely on your own skills and experience. Following these 10 rules will ensure a safe and courteous journey.

- Be prepared: Know where you're going before you start. Be well-informed about weather and road conditions or traffic activity on your route. For longer trips, include a rest stop every two hours, sooner if you are tired. Pack an emergency rations kit of water and nonperishable food items such as energy bars.
- 2. Always wear your seat belt: Seat belts keep you in control and ready to react to a hazardous situation. Everyone should wear a seatbelt while in the vehicle.
- 3. **Put the phone down:** A mobile phone is great for roadside emergencies, but using a phone while you drive drastically reduces your reaction time to all situations. Minimize distractions by concentrating on the road, not objects, people or events inside your vehicle.
- 4. Know your surroundings: Scan the roadway continually for hazards. Keep your eyes moving, looking from one side to the other. Know what is happening well in front of you; watch for brake lights. Use the mirrors to keep an eye on traffic beside and behind you.
- 5. Share the road: Pedestrians, bicyclists, motorcyclists, vehicles of varying sizes, as well as drivers of various ages and skill levels, all have a right to use the road. Slow down and give others time and space to proceed safely. Treat them like dear friends they are to someone.
- Signal your intentions: Be predictable and courteous and signal your intentions so other road users know what you plan to do next. Use your horn or headlights, if necessary.

- 7. Watch your speed: Posted maximum speeds are for ideal driving conditions. Adjust your speed for traffic, road and visibility conditions or when not operating at your best. Higher speeds magnify errors and decrease response times. It helps to maintain a large "safety cushion" around your vehicle to change lanes safely and to take evasive action in emergencies.
- 8. Maintain your vehicle: Read your owner's manual and follow the recommended schedule for maintenance service. Routinely check tires, brakes, lights, wipers and fluid levels. Pack a flashlight, blanket and first-aid kit. In cold climates, pack extra warm clothing. Carry a mobile phone for emergencies.
- 9. Move your disabled vehicle: If your car breaks down, move it off the road away from traffic, if possible. Warn other drivers by raising the vehicle's hood or using your hazard lights, then stay inside and ask passersby to call the police. If you're unable to move the car out of traffic, get all passengers to exit the vehicle and move to the side of the road when safe. If you must walk to a phone, keep your group together.
- 10. Don't drive while impaired: Never drive while under the influence of alcohol, prescription or street drugs, or over-the-counter medications that make you drowsy. Not only will you put yourself and your passengers in danger, but a traffic violation of this nature can seriously derail a military career. Don't be a driver if you think you are going to drink. Road rage and normal fatigue can also impair your response time. Be calm, well-rested, alert and attentive any time you get behind the wheel.



Housing & Real Estate

in Cascade County

A LOW COST OF living and abundant natural amenities in Cascade County contribute to a high quality of life not often found in larger metropolitan areas. Named for the falls on the Missouri River, Cascade County has a total area of 2,711 square miles. Great Falls, where the majority of the county's 80,000 residents live, ranked among Livability.com's 2019 Top 100 Best Place to Live.

Founded in 1883, the City of Great Falls continues to grow and prosper today with many types of homes available and affordable. From downtown's craftsman-style homes to midcentury homes to ranches and riverfront homes there is plenty of housing to choose from.

The cost of living in Cascade County is below the national average stretching your hardearned dollars further as you look for your new home. Newcomers have plenty of choices when selecting a home. Enlist the help of a reputable real estate agent to help you sort through the area's home options. The Great Falls Association of Realtors is a central source of local real estate information and assistance. Those interested in purchasing a new home can find the expertise and professional services they need at www.gfar. realtor/find-a-realtor.

PLANNING YOUR MOVE

Relocating to a new home can be one of the most stressful situations in life. Whether moving across town or the nation, preparation and organization make all the difference.

For military moves, visit www.move.mil for information about moving resources and to learn about the allowances and responsibilities of a military-sponsored move.

Decide whether to make your move a do-it-yourself operation.

For a DIY move, consider distance, labor help and the costs of renting the moving van, gas, lodging during the move and insurance. A transportable storage unit can bridge a professional and DIY move. When the unit is delivered to your residence, you load and secure it for transport and then unload it at your new residence.

Whatever the method, be sure to obtain as many quotes as possible from professional

movers, as well as cost estimates for a DIY move. Next, compare the costs for each type of move, factoring in the stress and physical exertion involved. Ask any company you are interested in for references and use them to inquire about reliability and customer service.

Regardless of which method you choose, the first step should be to inventory your personal belongings. The list, with photographs of any valuables, will be important for both insurance purposes and to help keep you organized during transit.

Plan for one full day to pack each room — though the kitchen and garage may take longer. Make a rough estimate of your packing schedule and then add 50 percent more time. It always takes longer than predicted to pack. Toss or donate unused items to lighten your load. Visit www.goodwill.org, www.salvationarmyusa.org or www.clothingdonations. org for locations near you or to arrange a pickup.

Pack for success:

 Consider what you are packing and control box weight. Books should go in small boxes while bedding can easily fill a larger box.



- Wrap fragile items with cardboard dividers, tissue paper or air bubble wrapping.
- Use bright colors when wrapping small items so they don't get thrown out accidentally.
- Use crumpled paper or newspaper to line the top and bottom of boxes.
- Tape a copy of your inventory list to boxes to identify what's inside and where it should go.

BUYING VERSUS RENTING

The decision to buy or rent is the most important step in your relocation process. Purchasing a home entails a long-term financial and emotional commitment with various pluses and minuses. Advantages include the possibility of building equity and the freedom to design and decorate your property or landscape. And don't forget the tax benefits. Disadvantages include upkeep, property taxes and fluctuating property values.

Renting, on the other hand, makes moving easier and someone else maintains the property. Amenities such as laundry rooms, exercise rooms, swimming pools and tennis courts vary from one rental complex to another. The main disadvantage is a loss of control over the residence. Some complexes, for example, restrict or prohibit pets and personal touches such as painting. And the landlord or property managers can also raise the rent with proper notice.

To determine your best choice, account for all of your needs, review your financial situation and research your options thoroughly.

FINDING AN APARTMENT

Be prepared when you meet with the leasing agent, property manager or owner. Bring a list of what you are looking for in a rental; it is important to be clear about your needs and to get all of your questions answered. You will also need to provide information and verification about your job, your income and your past rental history. Dress to make a good impression and treat the meeting like a job interview — be polite and arrive on time.

Before you sign a lease, inspect the apartment with the landlord. Look for the following problems:

- Cracks, holes or damage in the floor, walls or ceiling.
- Signs of leaking water, leaky fixtures or water damage.
- Any signs of mold or pests.
- · Lack of hot water.
- · Inadequate heating or air conditioning.

Use a written checklist with the landlord to document the condition of the rental before you move in, and keep a copy of the completed checklist to use when you move out.

BUYING A HOME

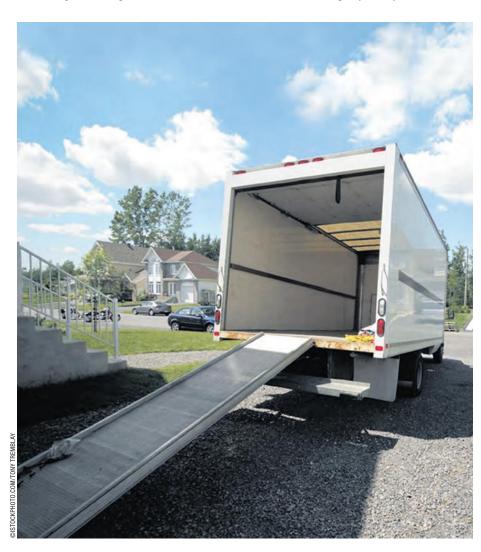
Buying a home is a complex process and, as the recent housing crisis demonstrated, requires a thorough education on the part of the buyer. First, fully understand your financial position — credit score, available savings, monthly income and expenditures. Subtracting your expenditures from your income, for instance, will yield the amount you can afford for housing.

Cost Analysis

Be sure to account for all insurance costs associated with owning a home, possible homeowner association fees and property taxes in your monthly expenditures. Overall, loan rules changed in 2015, but according to www.ginniemae.gov (Government National Mortgage Association) and www.homebuyinginstitute.com (the Home Buying Institute) loan programs continue to vary on the percentage of your income that can be used for housing-related expenses. Lenders balance

debt against income to decide if an applicant will be able to repay a loan. Most conventional loans require borrowers to have no more than 43 percent total monthly debt versus their total monthly income, though there are exceptions, such as for those with significant savings. The Federal Housing Administration has a two-tier qualifying system: FHA sets its top thresholds at 31 percent front-end debt (housing expenses as a percentage of income) and 43 percent backend debt (all debt as a percentage of income) for a 31-43 qualifying ratio. Like commercial lenders, Veterans Affairs combines front-end and back-end debt for a 41 percent limit against income.

Next, research the different types of home loans to determine the right fit for your financial situation and discuss your options with a lending professional. Lenders are diverse today, and not all homebuyers obtain their mortgage loans through their banks and credit unions. For example, you may choose to work



with an internet lender, a mortgage broker, a homebuilder or a real estate agency lender. To determine which lender is best for you, get recommendations from friends and family members and check credentials as well as Better Business Bureau ratings.

Credit Report

A preapproved loan before starting your search for a home can determine your spending limits and signal any potential issues in the way of receiving a loan. For any home loan application, the mortgage company will order a credit report, so it would be good to get a free report in advance to determine your credit status and make sure the report contains no erroneous information.

To order your free annual report from one or all of the national consumer reporting companies: Visit www.annualcreditreport.com and complete and submit the request form online.

Home Loan Application

To complete a home loan application you'll need: photo IDs (such as a driver's license); Social Security numbers; residence addresses

for the past two years with landlord contact information if you rented; names and addresses of your employers for the past two years; your current gross monthly income; recent financial institution statements with names, addresses, account numbers and balances on all checking, savings, CDs, money market, bonds and mutual funds accounts; recent financial institution statements with names, addresses, account numbers, balances and monthly payments on all open loans (including student loans) and credit cards; addresses and loan information of all other real estate owned; estimated value of furniture and personal property; W2s for the past two years and current paycheck stubs; copies of all divorce decrees, child support documents or any other court proceedings that affect your financial status; verification of any child support payments; and evidence of any retirement or pension benefits. VA or military forms include: DD 214 (veteran), Form 22 (National Guard), DD 1747, Off-base Housing Authority (active duty) and Certificate of Eligibility (active duty).

For more information, visit www.consumer. ftc.gov/topics/credit-and-loans.

Knowing your monthly budget and the amount of your loan is invaluable during the next phase, especially finding the answers to questions before the hunt for a home begins.

Housing Hunting

First, determine your home preferences. Does a single-family house, condo, town house or duplex best fit your needs and budget? Do you prefer a new home, an existing home or to build one? Though new homes generally cost more, existing homes may come with maintenance issues and renovation costs. How many bedrooms and bathrooms would you like? Do you want an attached garage? Will you live in the city, a suburb or the country? How close to work, school, shopping or public transportation do you want to be? Answers to these questions will greatly assist your search and the next stage — hiring a real estate agent.

The ideal agent will help find your ideal home and guide you through the purchase process. First, interview potential candidates to ensure they understand your needs, know your homebuying and neighborhood preferences, and are readily accessible.

Good luck and happy hunting!

State Programs

Montana provides housing programs and incentives to help residents with home ownership. For more information, visit www.hud.gov/states and select "Montana" from the list.

MOVING CHECKLIST

Six weeks prior to move

- Contact a real estate agent in the local area. Start by looking in the Military Buyer's Guide of this publication.
- Obtain quotes from moving and self-service companies and gather DIY estimates. Decide on the type of move best for your circumstances.
- · Determine employer-covered expenses.

Four weeks prior to move

- Check the preregistration procedures to enroll children in school. Get children's transcripts, textbook list and a copy of their current school's grading system. Ask teachers to write descriptions of each student's achievement level, interests and any unusual courses taken.
- Request that copies of all family members' medical and dental records and birth certificates be sent to your new home. Don't forget your pets' veterinary records.
- Notify the post office of your new address and obtain a change-of-address kit. Send change-of-address cards to friends, subscription services, creditors, alumni associations, the Department of Motor Vehicles and insurance companies.
- Begin packing seldom-used items and dispose of unwanted items through charities — get receipts for tax purposes.
- Contact the IRS for forms and regulations regarding tax-deductible moving expenses.
- Transfer or arrange for insurance to cover your home, furnishings and automobile.

Three weeks prior to move

- Arrange to have appliances, utilities, newspapers, laundry, phone and cable television disconnected.
 Check on deposits. Set up connections at your new home.
- Make travel arrangements.

Two weeks prior to move

- Handle bills, stocks, investments and banking transfers.
- Arrange to transport pets and plants. Some states prohibit certain plants, so research before you move.
- Clean cupboards and plan remaining meals so you can pack what you don't need.

One week prior to move

- Discontinue delivery services such as the newspapers.
- Clean and sort items in the garage and attic.
- Clean out your safety deposit box and place all valuables and documents together. If the items can't be replaced, carry them with you.

Two days prior to move

- Defrost and dry refrigerators and freezers.
- Arrange for cash or traveler's checks for trip expenses and payment to the mover upon delivery.
- Reconcile and close checking account. Withdraw savings.
- Conclude any financial matters relating to the lease or sale of your home.
- Pack luggage. Set aside items you will need immediately upon arrival a few dishes, pots and pans, towels, soap, bedding, light bulbs, flashlights and toilet paper.
- Leave a forwarding address with new tenant or neighbor

Moving day

- Confirm your delivery date with your mover and provide directions to your new residence as well as primary and secondary contact numbers or email addresses.
- Pay close attention to the mover's paperwork. You will need to sign it upon completion of loading and then unloading at your new residence.
- Supervise the movers to make sure your instructions are understood. Review any damage to your belongings noted by the moving foreman or supervisor.
- Double-check your residence for forgotten items before leaving.

Move-in day

- Clear and mark paths to all rooms to help the movers place the boxes.
- Supervise unloading.
- Note any damage to your boxes or furniture.
- Review paperwork carefully to make sure all your belongings arrived.



Employment & Economy

in Cascade County

Go.Verizon's 2019 Best Small Cities for Small Businesses ranked Great Falls No. 11 in the nation. The Great Falls area, on the Rocky Mountain front on Interstate 15 between Calgary and Salt Lake City, is a center for regional trade and health care center for north-central Montana.

Cascade County ranks fifth among Montana counties in nonresident tourist spending as it is well located between Glacier and Yellowstone national parks.

Median household income in Cascade County is \$46,827 (in 2017 dollars), according to the U.S. Census Bureau.

Malmstrom Air Force Base

Malmstrom Air Force Base's economic impact on the local economy in fiscal year 2018 totaled approximately \$350 million. It is the seventh-largest employer in Montana and created 1,356 indirect jobs in fiscal year 2018.

EMPLOYMENT RESOURCES

National Resources

At the national level, websites such as www.linkedin.com, www.monster.com,

www.careerbuilder.com and www.indeed.com have extensive search capabilities as well as resume tips, forum support and professional networking options.

The National Military Spouse Network, a networking, mentoring and professional development organization, has a wealth of career information at its website, www. nationalmilitaryspousenetwork.org. The group aims to help military spouses build a meaningful, sustained career path and offers a library of articles that touch on topics like entrepreneurship, resume tips, self-promotion and more as well as a membership-only discussion forum. The organization also features companies that are military spouse-owned or military spouse-friendly on its Homefront Business Listings page.

Local Resources

State of Montana Careers

https://statecareers.mt.gov

Montana offers a variety of opportunities to help you make a difference in your community and further your career. We offer competitive benefits, work-life balance, and family friendly policies. As a service-oriented employer, we seek employees with a passion for customer service. Explore the links below to apply for a state job or learn more about our career opportunities and the benefits of working for the state.

Cascade County

325 Second Ave. N, Suite 108 Great Falls, MT 59401

www.cascadecountymt.gov/employment

Applications are available for download from the county's website.

City of Great Falls

2 Park Drive S

Great Falls, MT 59401

https://greatfallsmt.net/jobs

Visit the city's website to connect with job opportunities and download the city's employment application.

EMPLOYMENT AGENCIES

An employment agency can offer posts ranging from high-level administration to warehouse work. Many employers use agencies as



their human resources department. Agencies advertise, interview, test and manage payroll. A temp-to-perm arrangement allows the employer and prospective employee to evaluate each other before committing to permanent employment.

Municipal and regional chambers of commerce include local employment agencies in their member lists, along with contact information.

JOB-SEEKER TIPS

Always keep your resume up-to-date and have several versions that target specific industries and highlight your skills that fit their job descriptions.

Compile several reference lists with a good variety of people and former business associates. Be sure to first ask each if you can use them as references

Compose a comprehensive, catchy and succinct cover letter of no more than a page (this is no place to ramble). It will introduce you and your desire to work for the company. Have a knowledgeable friend check it for errors; misspelled words and bad grammar hint at carelessness and indifference. Know what the company does, and highlight skills, work experience and education that apply to the position.

Maintain a positive, professional and broadbased presence on social media such as Facebook and LinkedIn; almost all employers search social media sites to vet job candidates, and your absence there will raise red flags. Also be aware that images and comments posted spur-of-themoment can be searched out forever and come back to haunt you.

Be prepared for an interview at any time. When you submit your application, a supervisor may want to talk immediately, or the phone may ring with a call from a hiring director. Compose — and rehearse — your one-minute self-promotional speech on who you are, an achievement or two and your strengths. It's not vanity to make a good first impression. If a supervisor wants to know why she should hire you, be ready.

Always follow up with thank-you letters and calls. Even today, a letter, as well as the quick-response email, will separate you from a surprising number of the other applicants — to your advantage — and keep your name fresh in the interviewer's mind. Judicious calls display your continued interest. Writing out beforehand what you want to say helps. So does rehearsal.

Be aware that due to the usually huge numbers of applicants, most companies are able to follow up only with candidates in whom they are interested. Don't take it personally if you are not notified that you did not get the job.

MALMSTROM AFB CIVILIAN OPPORTUNITIES

Federal Jobs

Visit www.usajobs.gov to search for Department of Defense jobs at Malmstrom AFB.

NAF Jobs

For information about non-appropriated fund positions, including openings in lodging, child care, recreation areas and more, visit www. nafjobs.org/viewjobs.aspx.

Exchange Jobs

For exchange jobs, visit the AAFES career page at https://publicaffairs-sme.com/applymyexchange.

SELF-EMPLOYMENT

Great Fall Regional Small Business Development Center

Cascade County is served by Great Falls Regional Small Business Development Center offers small business resources and workshops for those looking to start a business. Visit the center online at https://sbdc.mt.gov for more information.

Small Business Resources

www.usa.gov/business

Learn the steps to start and grow a small business at USA.gov's Small Business website. The platform features hand-picked government websites helpful to small business owners. Learn about business taxes and incentives, financing a business, importing and exporting, federal government contracting, state business resources and more. The website also provides information on a wide range of programs and services to help veterans, women, minorities and the economically disadvantaged start or grow a business.







Health Care

in Cascade County

THERE ARE MANY HEALTH care services in Cascade County for military, civilians and veterans, though implementation of the Affordable Care Act has changed established insurance options. Visit www.healthcare.gov for information on open enrollment for health care coverage under the national Affordable Care Act.

See the Military Buyer's Guide to connect with local hospitals and medical centers, health care centers and health care providers.

COMMUNITY HEALTH CARE CENTER

A community health center is customarily the place to go for those who have no health insurance or have limited income or ability to pay medical fees. Such clinics accept most insurance and provide affordable, comprehensive health care by well-trained, professional staff. They also serve those who are uninsured and underinsured, and most are open to making sliding scale payment arrangements based on income and family size.

For more information, visit Cascade County's Community Health Center online at www.cascadecountymt.gov/departments/community-health-care-center.

DENTAL CARE

The American Dental Association's website, https://findadentist.ada.org, can help you find a dentist. You can also seek referrals from people you know who've had dental care in the area.

Consider the following to find the best dentist for your needs.

- Are the dentist's office hours convenient for your schedule?
- Is the dental office close to your home or office?
- · How are dental emergencies handled?
- Does the office appear to be clean and well organized?
- Is the staff helpful and friendly?
- What are the dental office's financial policies and how is insurance handled?

The Montana Dental Association can give you tips for oral health and low-cost dental care. Visit its website at www.montanadental. org/public-and-patients.

FINDING A LOCAL DOCTOR

When you select a health care provider, consider the following.

- When you scheduled your appointment, was the receptionist friendly, prompt and professional? Did he or she take time to answer your questions? Were you left on hold too long?
- When you arrived for your appointment, were you greeted promptly? Was the reception area clean and comfortable? Was the staff friendly and willing to answer your questions?
- Did you have to wait long in the exam room before the doctor arrived? Was the exam room orderly and clean, with a chair for a family member?
- When the doctor arrived and introduced himself or herself, did he or she seem rushed or tired? Did you get a good first impression?



During the consultation, did nurses or assistants pop in and out? Did the doctor seem caring, compassionate and sympathetic to your concerns? Did you feel comfortable revealing personal information? Did the doctor rush through the meeting?

Treat finding a doctor as seriously as looking for a new job or a new home. You want to be comfortable with the person who will see you while you are most vulnerable.

FOR VETERANS

Great Falls VA Clinic
1417 Ninth St. S, Suite 200
Great Falls, MT 59405.......406-791-3200
www.montana.va.gov/locations/Great_Falls_
VA_Community_Based_Outpatient_Clinic.asp

HOSPITALS AND MEDICAL CENTERS

Because emergencies can happen without warning, it is prudent to know where to go when they happen. Saving minutes in a crisis can mean saving a life. Knowing what services

are available, and where, can make all the difference. Visit the following websites for more information on local hospital and medical center services.

Benefis East Campus

1101 26th St. S Great Fall, MT 59405406-455-5000 www.benefis.org

Benefis Northwest Campus

25 14th Ave. NW Great Fall, MT 59404406-455-4777 www.benefis.org

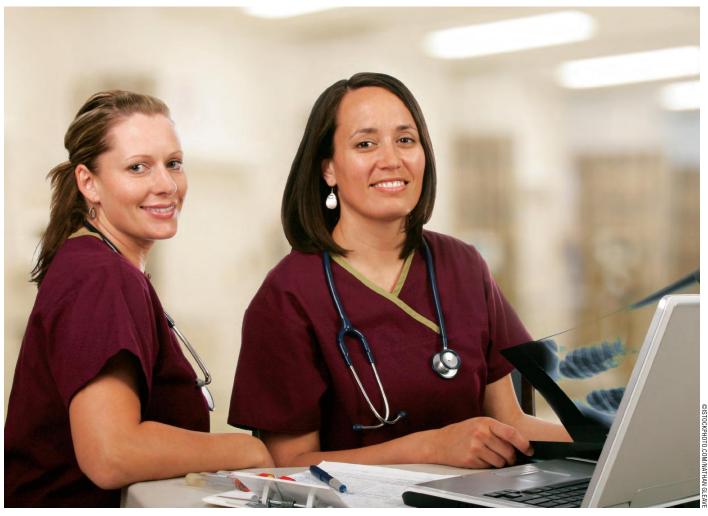
Benefis West Campus

500 15th Ave. S Great Fall, MT 59405406-455-5000 www.benefis.org

Great Falls Clinic Hospital

3010 15th Ave. S

Great Falls, MT 59405.......406-216-8082 www.gfclinic.com/location/great-falls-clinic-hospital







Family Resources

in Cascade County

PICKING UP FROM ONE place and moving to another is always a hassle, especially when kids and pets are involved. Knowing whom to call or where to find information can help make the transition easier.

American Red Cross

www.redcross.org

The Red Cross helps members of the military, veterans and their families prepare for, cope with, and respond to, the challenges of military service.

The American Red Cross offers confidential services to all members of the military, veterans, and their families by connecting them with local, state and national resources through the network of chapters in communities across the United States and offices on military installations worldwide.

Local Red Cross offices develop and maintain relationships with key community partners. Military families rely on the Red Cross to help them identify their needs and connect them to the most appropriate Red Cross and community resources. This key Red Cross service includes responding to emergency needs for food,

clothing, and shelter, referrals to counseling services (e.g., financial, legal, mental health), respite care for caregivers, and other resources that meet the unique needs of local military members, veterans and their families.

The American Red Cross Emergency Communications Center is available to help 24/7. Call 877-272-7337 or submit an online request at https://saf.redcross.org/css.

Armed Services YMCA

www.asymca.org

The ASYMCA is made up of 13 branches and about 20 affiliate locations at local Y's and on some DOD facilities across the U.S.

It makes military life easier by providing programs and services to the young men and women of all five armed services: Army, Marine Corps, Navy, Air Force and Coast Guard.

ASYMCA programs, services and events are designed to help the family come together, stay together and have the ability to adjust, bounce back and thrive wherever the services send them — with a particular focus on junior-enlisted

men and women, the individuals on the front lines of defending our nation. Programs are offered at low cost and require no dues or membership fees.

Signature programs include: Angels of the Battlefield Awards Gala, Art and Essay Contest, Military Family Month, Operation Hero, Operation Holiday Joy, Operation Kid Comfort, Operation Outdoors, Operation Ride Home, Parent and Me, Teddy's Child Watch and YMCA/DOD Military Outreach Initiative.

Find ASYMCA locations by visiting www. asymca.org/locations.

Military OneSource

www.militaryonesource.mil

Military OneSource is your central hub and go-to-place for the military community. Get to know your benefits and prepare for the big stuff — deployments, reintegration, moves, parenthood, retirement and more. Browse by topic or search for that strangely specific question you want to know the answers to. No matter where military life takes you, with Military OneSource you will always be in the loop.

Operation Homefront

www.operationhomefront.org

Operation Homefront assists military families during difficult financial times by providing food assistance, auto and home repair, vision care, travel and transportation, moving assistance, essential home items, and rent-free transitional housing for wounded veterans and their families.

Helping military families gain long-term stability is a specific concern for Operation Homefront. Homes on the Homefront awards mortgage-free homes, impacting veteran families for generations to come. The caregivers for wounded warriors also need help and that is why Hearts of Valor was formed.

Operation Homefront's annual gala recognizes extraordinary military kids. The organization also hosts multiple Homefront Celebrations, Star-Spangled Baby Showers, Back-to-School Brigades and Holiday Meals for Military events each year to show appreciation to military spouses.

Visit Operation Homefront online for more information.

Montana Department of Public Health and Human Services

Great Falls office 2300 12th Ave. S

Great Falls, MT 59405......406-727-7746 https://dphhs.mt.gov

The Montana Department of Public Health and Human Services' divisions include: Addictive & Mental Disorders, Child & Family Services, Developmental Services, Disability Employment and Transitions, Public Health and Safety, Senior & Long Term Care, Technology Services and more.

Family and children services include child support enforcement, child and vulnerable adult protective services, foster care and adoption placement services, and education and prevention activities for at-risk families.

Visit the department's website for more information on services and programs.

United Service Organization

www.uso.org

Since 1941, the USO has kept our military men and women connected to their families, home and country no matter where they are or under what conditions they serve. Programs for military families include Couples Seminars: Stronger Families, Comfort Crew for Military Kids, Operation That's My Dress, United Through Reading, Baby Showers: USO and What to Expect Present Special Delivery and The Sesame Street/USO Experience.

The USO also provides transition services to support Americans' return to civilian life after

completing their military service. For more information, go to www.uso.org/programs/uso-pathfinder.

Visit the USO's website to find a location near you.

PETS

Moves are stressful for everyone — including the family pet. Pets can sense stress and a change in routine can be difficult for them. If possible, keep your pets in a quiet, secure area while movers pack up or unload your belongings. Movers will have your door open while they move boxes and furniture, and a pet may slip out the door undetected. Make sure you keep a collar with an ID tag on your pet at all times. Ensure the tag has your current phone number on it. It is also a good idea to microchip your pets. Remember to keep the microchip's contact information up-to-date. If your pet escapes during any part of your move, you want the animal shelter that scans the chip to be able to contact you.

In Montana, your pet faces many new outside dangers, whether while recreating or even closer to home. Among these dangers are moose, elk, deer, bears, wolves, coyotes, even eagles, hawks, snakes, spiders, ticks and more. Take measures to make sure any encounter with wildlife is only an encounter - not a conflict. Learn which areas bears have been active in, and carry and learn how to use bear spray in those areas. Make your presence known by talking, singing, carrying a bell or other means of noise. Do not approach a bear, and remove and properly store all food and trash. Do not run from a bear; slowly back away and make yourself appear larger; open your jacket if you are wearing one. Mountain lion conflicts are rare, as most mountain lions will try to avoid a confrontation. Give them a way to escape. Do not run; instead, stand and face the animal. Do not turn your back. Make eye contact, and pick up any small children or pets nearby. When in mountain lion country, avoid squatting, crouching or bending over, even when picking up children or pets. To avoid snakebites, wear boots and watch where you put your feet. If you see one, detour around it. Check yourself and pets for ticks after roaming through vegetation. Grasp any ticks with fine-tipped tweezers and pull upward with steady even pressure. Thoroughly wash the bite site and your hands with soap and water.

Animal Services

Montana Department of Fish, Wildlife & Parks

Region 4, Great Falls406-454-5840 http://fwp.mt.gov

The department is responsible for protecting sustainable fish, wildlife and state-owned park resources in Montana for the purpose of providing recreational activities. The agency also enforces laws and regulations regarding fish, wildlife and state parks and encourages safe recreational use of these resources (such as safety courses for boaters, hunters, snowmobilers and others).

City of Great Falls Animal Control

112 1st St. S

Great Falls, MT 59401.......406-455-8492 https://greatfallsmt.net/police/animal-controlofficers-0

The Great Falls Police Department has three animal control officers who are responsible for work in the collection, impoundment and care of stray or vicious dogs, cats and other animals. They enforce city ordinances and state laws relating to control of animals — all of which is designed to control the domesticated animal population. Duties include investigating animal cruelty, issuing citations, quarantining live animals and retrieving dead animals.

City of Great Falls Animal Shelter

1010 25th Ave. NE

Great Falls, MT 59404......406-454-2276 https://greatfallsmt.net/animalshelter

The City of Great Falls Animal Shelter is an open admission municipal animal shelter that serves not only the City of Great Falls but the entire Cascade County and surrounding areas. More than 2,000 animals are brought into the facility annually. The shelter uses many resources to try to re-home every adoptable animal either by adoption or rescue group. Call the shelter or visit its website for more information about adoptions, lost and found animals, volunteer opportunities and more.

Pets for Patriots

https://petsforpatriots.org

Pets for Patriots' vision is to end animal homelessness in the United States while giving our military veterans and their families the greatest "thank you" of all: the extraordinary love of a companion pet. It makes this happen through its nationwide shelter and veterinary networks, military and veteran organizations, and a public that values the lives of both the vulnerable and heroic among us.

To learn more about adopting a pet, visit https://petsforpatriots.org/adopt-a-pet/how-it-works.

Veterinary Services

Veterinary services in Cascade County are plentiful; see the Military Buyer's Guide to connect with local providers. Another source for connecting with a veterinarian is the Montana Veterinary Medical Association website at www. mtvma.org.





Education & Academics

in Cascade County

FINDING THE RIGHT SCHOOLS and educational opportunities for each family member is an important part of any move. This chapter outlines Cascade County public schools system, private schools, charter schools and home schooling criteria, as well as local libraries and higher education institutions. To be enrolled in a Montana school, a child must be at least 5 years old by Aug. 1 of the school year. Those wishing to register their child in school should bring the following to the school office: a birth certificate or other proof of the child's age, and the child's previous school records and immunization records. For more details on Montana's minimum vaccine requirements for students in grades K-12, please visit the Montana Office of Public Instruction https://opi.mt.gov. Check with the school for additional requirements.

In 2010, Montana, along with the majority of other states, the District of Columbia, Guam, American Samoa, the Northern Mariana Islands, the U.S. Virgin Islands and the Department of Defense Education Activity, adopted Common Core State Standards that provide a

consistent set of educational expectations for students regardless of ZIP code. When a family moves, a student's education is often disrupted because the student may be forced to repeat material or learn at a different level at the new school. With common standards across states, this disruption will be reduced — of particular interest to military families. At present, national Common Core State Standards exist only for English language arts and mathematics though Montana has state standards across the full curriculum. For more information, visit www.corestandards.org.

Choosing a School

Choosing the right school is very important, so be sure to research each one before deciding. Contact the school by phone or by visiting its website, which is a valuable source to learn about a school district's statistics and curriculum. Talk to people in the area, especially friends and colleagues who already live there.

If the school shows promise, schedule a visit and bring a list of written questions about

student-teacher ratios, computer availability, extracurricular activities, sports programs, music programs, gifted programs and grading standards.

Discuss the potential school with your child: what they liked and what they didn't like. Your family's ability to readily adapt to a move and to find happiness in your new home may depend, in part, on how happy your children are in their new school.

CHARTER SCHOOLS

Charter schools are public schools of choice that are tuition-free, serve all students and have open enrollment. For more information or a list of charter schools in Montana, visit Montana's Office of Public Instruction website at https://opi.mt.gov.

HOME SCHOOLING

For an introduction to home schooling in Montana, visit the Home School Legal Defense Association website at https://hslda.org/content/hs101/MT.aspx. Here you will find information on home-school rules and

regulations, testing information, home-school curriculum providers and more.

PRIVATE SCHOOLS

To search for local private schools in Montana, visit the National Center for Education Statistics website and use the private school search tool at https://nces.ed.gov/surveys/pss/privateschoolsearch. Users may search by location, religious affiliation, school type and more.

PUBLIC SCHOOLS

Great Falls Public Schools

1100 4th St. S

Great Falls, MT 59405......406-268-6000 https://gfps.k12.mt.us

Great Falls Public Schools district is the second-largest district in the state. It has one preschool, 15 elementary schools, two middle schools and three high schools. The district has an enrollment of approximately 10,270.

Cascade Public Schools

The Cascade Public School District encompasses the Southwest portion of Cascade County Montana along the Missouri River. Cascade Public Schools serves approximately 300 students from the Ulm, Deep Creek, Cascade, Craig and Wolf Creek areas.

UNIVERSITIES AND HIGHER EDUCATION

Cascade County offers several opportunities for continuing education. The Malmstrom Air Force Base Education and Training Center is a new higher education facility jointly funded by the U.S. Air Force and the City of Great Falls. The Education and Training Center is open to those who live and work on the base, as well as community members. Special access is not required. Use the following contact information to start your search for the school that is right for you. Use the following contact information to start your search for the school that is right for you.

Community College of the Air Force

7521 4th Ave. N

Building 1240

Malmstrom AFB, MT 59402 406-731-3531 www.airuniversity.af.edu/Barnes/CCAF

Great Falls College Montana State University

2100 16th Ave. S

Great Falls, MT 59405......406-771-4300 www.gfcmsu.edu

Park University at Malmstrom AFB

7521 4th Ave. N

Great Falls, MT 59405.......406-761-7540 https://a2e.park.edu/location/park-universityat-malmstrom-afb-in-great-falls-mt

EDUCATION LINKS

Find resources to help your student achieve academic success at these websites:

- Montana Office of Public Instruction: https://opi.mt.gov
- Montana PTA:
 www.montanapta.org
- Reading is Fundamental: www.rif.ora
- U.S. Department of Education: www.ed.gov/

Military Child Education Coalition: Ensures quality educational opportunities for all military children affected by mobility, family separation and transition. Visit www.militarychild.org for information on programs and resources.

Tutor.com: Eligible students and service members in U.S. military families around the world can work one-to-one with an expert tutor online 24/7. Get free help with homework, studying, test prep and proofreading in more than 40 subjects. Visit http://military.tutor.com.

University of Providence

1301 20th St. S

Great Falls, MT 59405......800-856-9544 www.uprovidence.edu

LIBRARIES

The Montana State Library Commission is authorized to give assistance and advice to all tax-supported or public libraries and to provide services for the blind and for individuals with physical disabilities. They also administer a state publication depository library program and provide standards and consistent collection and maintenance of commonly available land and to maintain a natural resource information system including the Montana Natural Heritage Program.

For a full list of libraries in Montana, visit the Montana State Library website at *home.msl. mt.gov.*

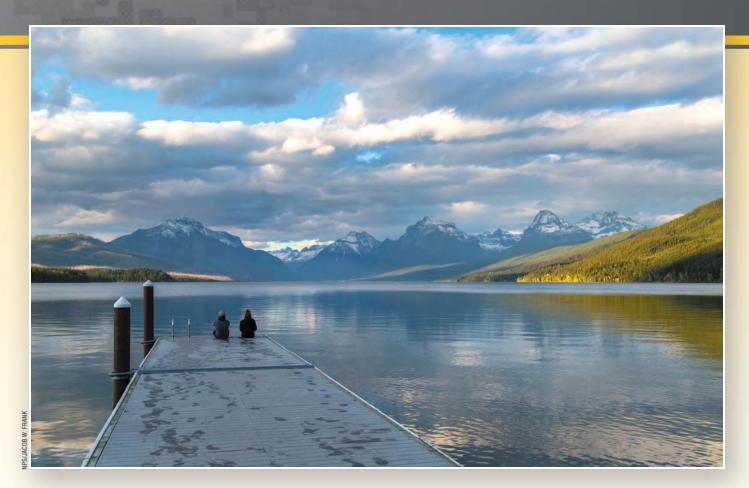
Great Falls Public Library

301 2nd Ave. N

Great Falls, MT 59401......406-453-0349 www.greatfallslibrary.org

The Great Falls Public Library serves as a connection point, empowering the community and enhancing quality of life by providing access to information and social, cultural and recreational resources. For more information on programs, services and events at each branch, visit the library system's website.





Living

in Cascade County

In Big Sky Country, the sky's the limit for heart-pumping recreation, culture for the whole family, retail therapy and communing with nature. See history come alive at the annual Lewis & Clark Festival. The Montana State Fair also is another annual celebration, brimming with competition, innovations and a magical midway. You can hike and bike along the Missouri River, then tap your toes to the Broadway hits presented by the Great Falls Symphony. And you'll surely want to catch the mermaids and perhaps a tiki tipple at the famous Sip 'n Dip Lounge.

Cascade County is chock-full or entertaining activities.

ANNUAL EVENTS

Residents of Cascade County have dozens of annual events, festivals and community gatherings at their fingertips.

Ice Breaker Road Race

http://icebreakergf.com

One of Montana's premier running events, the Ice Breaker Road Race attracts more than

3,600 runners, joggers and fitness walkers each year in April. A 5-mile race offers a competitive format, while a 3-mile route has both competitive and recreational options. The 1-mile route is fun for fitness walkers and the whole family. Courses start in downtown Great Falls and wind through several residential neighborhoods before finishing in downtown again. Visit the website for more information about dates, registration costs and more.

Montana PRCA Circuit Finals

http://montanaprorodeo.com

The Professional Rodeo Cowboys Association is the largest and oldest rodeo-sanctioning body in the world. The Montana PRCA Circuit Finals are held in Great Falls each January, and the finals showcase the best of the best. See cowboys and cowgirls compete in a full range of skill events from bull riding, barrel racing and everything in between. The selection of Miss Rodeo Montana is an honored tradition. Visit the website for schedules, locations, ticket information and more.

Western Art Week

www.westernartweek.com

Held every March around the birthday of famed Western artist Charles Marion Russel, this visual arts festival features more than 15 shows and 800 artists and draws collectors from around the world. Enjoy artworks in all media, quick draw sessions, live music performances and more. Maybe even take home a piece of art to call your own; there's something for every taste and price range.

Sunday Sampler

www.greatfallsmuseumconsortium.org

Great Falls is Montana's "Museum Capital," and every April you'll enjoy the opportunity to visit every museum in the city — all for free! Participating museums include the CM Russell Museum, the Children's Museum of Montana, First Peoples Buffalo Jump State Park, Galerie Trinitas, The History Museum, the Lewis and Clark Interpretive Center, Montana Museum of Railroad History, Paris Gibson Square Museum, Malmstrom AFB Museum and the Ursuline Centre. All museums are open from noon to 5 p.m., and most will have special activities planned.

Cruisin' the Drag

www.facebook.com/CruisintheDragGF

Rev up your summer the first Saturday in May Montana's largest annual car show. For more than 20 years, Cruisin' the Drag has delighted enthusiasts by showing off the best antique and one-of-a-kind vehicles, from cars to trucks, motorcycles and camper trailers. More than 800 vehicles and 20,000 fans are expected at this free, family-friendly event. Visit the event's Facebook page for information about registration, schedules and more.

Lewis & Clark Festival

www.lewisandclarkfoundation.org

Travel back in time to 1805 during this free, annual celebration that recreates the adventures of explorers Meriwether Lewis and William Clark, who spent nearly a month in the area that would become known as Great Falls. View historic firearms demonstrations, Native American dancers

HOW TO ENJOY AN OUTDOOR ADVENTURE ON A BUDGET

Take advantage of free national parks passes for military members and dependents, discounted outdoor gear and tons of recreational opportunities to spend quality time with your family exploring the country's parks without breaking the bank.

Ready to hit the road? Here are a few travel tips:

- Find a park: With fields and forests, canyons and coastline, America's national parks have something for everyone. Search the NPS website for parks by name, location, activity or topic at www.nps.gov/findapark.
- Visit the park's website: Access all you need to know about hours, directions, activities and fees.
- Plan your activities: National parks offer exciting activities for all ages as well as wheelchair-accessible activities and trails. If you have children, check out the Junior Ranger events and programs.
- Contact your Force Support Squadron: Don't forget to contact FSS on your installation for lodging discounts and options. And, whether you need a kayak, skis and snow boots, or you want to rent a boat, Outdoor Rec has a lot of gear available to rent. And, the Information, Tickets and Travel program can also help you score discounted tickets to nearby attractions and activities.
- Be Safe: Always follow the park's rules and be alert to posted warnings. You don't want your trip to end in an emergency room.

and drummers, live music, concessions, and arts and crafts. Visit the foundation's website for information about donations, volunteering and more for this event going on for more than 30 years now.

PERFORMING ARTS

Artistic opportunities from theater to music and more are no strangers to Montana residents.

Broadway in Great Falls

2 Park Drive S

Great Falls, MT 59401......406-453-4102 www.gfsymphony.org/broadway-in-great-falls

Broadway in Great Falls brings the hottest new titles, classic stories, family favorites and more to Great Falls' Mansfield Center for Performing Arts. Expect dazzling performances of Broadway musicals, favorite soundtracks to popular movies and cross-over classical artists. Visit the website for ticket and schedule info.

Great Falls Community Concert Association 2 Park Drive S

Great Falls, MT 59401

http://www.greatfallscommunityconcert.com

The Great Falls Community Concert Association will celebrate its 90th anniversary with its 2019-2020. This eclectic group of musicians typically presents six shows per season. Performances are at the Mansfield Center. Visit the CGCCA's website for ticket and schedule information.

Great Falls Municipal Band

400 Park Drive N

A long-standing Great Falls tradition, the Great Falls Municipal Band performs at 7:30 p.m. each Wednesday in Gibson Park during the summer. Performing under the bandshell, the Great Falls Municipal band has presented free summer concerts since 1897. Each week, a different medley is performed, so you'll never hear the same show twice. Concerts are free and sponsored by the Park & Recreation Department.

Great Falls Symphony

11 3rd St. N

Great Falls, MT 59401......406-453-4102 www.gfsymphony.org

The Great Falls Symphony infuses cultural vibrancy into the region through transformative music and programs, raising the quality of life for residents and visitors alike through outstanding performing arts programs. Seasonal offerings include everything from full symphonic works to chamber pieces to choral performances to youth symphony offerings and more. Visit the website for more information, including schedules, ticket prices and more.

Mansfield Center for the Performing Arts

2 Park Drive S

Great Falls, MT 59401......406-455-8510 https://greatfallsmt.net/mansfieldcenter

The historic Mansfield Center for the Performing Arts showcases its historic elegance through intricate architecture and acoustics unrivaled in Montana. The 1,782-seat venue hosts concerts, ballet, opera, musicals, Broadway productions, travelogues, lectures and more. True to the beauty of Great Falls, the Mansfield Center is flanked by two lush parks. The center is the performance home of the Great Falls Symphony.

University of Providence Great Falls Performing Arts

1301 20th St. S

Great Falls, MT 59405......406-791-5367 www.facebook.com/UProvArts

The University of Providence is the home of Central Montana's premier student theater troupe. Check the university's website or group's Facebook page for information about performances, auditions and more.

MUSEUMS

Learn about Montana's history and cultural contributions by visiting any one of the many local museums.

Children's Museum of Montana

22 Railroad Square

Great Falls, MT 59401......406-452-6661 www.childrensmuseumofmontana.org

The Children's Museum of Montana has dozens of interactive learning activities children ages 2 to10 will love. Meet a life-sized Montana Maiasaura, board a child-sized pirate ship, explore a life-size fuselage or put on a puppet show! Emphasizing history, STEM, health, performing arts and regional culture, the Children's Museum of Montana museum provides learning and exploration in a fun and safe environment. In the summer, the Children's Museum hosts day camps that teach children about space, sports, science and more. Visit the website for information about hours and admission.

CM Russell Museum

400 13th St. N

Great Falls, MT 59401......406-727-8787 https://cmrussell.org

Immerse yourself in the beauty of the American West at the C.M. Russell Museum, dedicated to the famed cowboy artist. The museum features more than 2,000 pieces of Russell's art, as well as other Western artists. The complex includes Russell's home, built in 1900, as well as his art studio, with his paints and easel still at the ready. An impressive collection of Browning firearms is also on display. Visit and see why



it's been voted Montana's best museum. Find information about exhibitions, admission, hours and more on the museum's website.

The History Museum

422 2nd St. S

Great Falls, MT 59405406-452-3462 www.thehistorymuseumgreatfalls.com

With over 400,000 historic photographs, memorabilia and artifacts, the History Museum preserves the historical and folk heritage of the north-central Montana region. Step back in time to the founding of Great Falls with painstaking re-creations of downtown. Separate exhibits celebrate Great Falls' rodeo, farming, military service, sports teams and jazz influences. Admission is free. Visit the website for hours and more information.

The Lewis and Clark Interpretive Center

4201 Giant Springs Road

Overlooking the scenic Missouri River, this center holds North America's most extensive display depicting the Lewis and Clark expedition. The self-guided exhibit hall features introductory videos, descriptions of vegetation, tests of strength against a river current and an incredible two-story diorama of the expedition's portage of the falls. Rangers provide more information to complement the exhibit, and trails surrounding the center offer a natural respite. Visit the website for information about hours, admission, group rates and more.

Malmstrom Air Force Base Museum and Air Park

90 Whitehall Drive

Great Falls, MT 59402.......406-731-2705 www.malmstrom.af.mil/About-Us/Malmstrom-Museum

The museum, one of the largest military model aircraft displays in the northwest, depicts the historical significance of Malmstrom Air Force Base during the past 75 years. The exhibits include historic aircraft and ground transportation, a World War II-era barracks, survival equipment displays, Minute Man missile launch controls and more. The museum is free and open to the public, however, because the museum is within the Malmstrom perimeter, all civilians wishing to visit must process through the visitor center just right of the 2nd Avenue gate.

Montana Museum of Railroad History 400 3rd St. NW

400 31d 31. IN W

Great Falls, MT 59404

mmrh.org

All aboard for family-friendly historic displays — both life-size and little. Located on the Great Falls Fairgrounds, the museum features an outdoor display of a real Burlington Northern Railroad caboose, a steam locomotive, baggage wagons and a rare coffin wagon. Inside, you'll see thousands of photos, hundreds of railroad items and three highly detailed model train displays depict local history with engines and cars winding through the unique landscape.

Paris Gibson Square Museum of Art

1400 1st Ave. N

Great Falls, MT 59401......406-727-8255 www.the-square.org

This incredible, sandstone, nationally registered historic site is home to a museum named for Paris Gibson, the founder of Great Falls. The building is home to an extensive contemporary art collection and is surrounded by lush sculpture gardens. Exhibits provide educational and artistic opportunities and also help preserve the city's cultural heritage. Visit the website for more information.

OUTDOOR RECREATION

Recreation opportunities abound in Cascade County year-round. Gab your skis, clubs, helmet, and more to take advantage of the outdoor adventures found right here!

Electric City Water Park

1700 River Drive S

Open seasonally, the Electric City Water Park provides the opportunity to cool off with the only 3-in-a-row Flow Rider in Montana, a lazy river, Power Tower slides 20 feet above the park, and the state's largest children's water play structure. Check the website for schedules, fees and more information.

Golf

Great Falls offers four golf courses for players of all levels. Anaconda Hills Golf Course began in the 1920s as an employee course for the Anaconda Smelter Company. Today, the 18-hole par 69 course can be played at various lengths, making it enjoyable for all golfers. Eagle Falls Golf Course boasts four sets of tees for all player levels. During the winter, Eagle Falls hosts winter golf, allowing you to enjoy the links among fresh snow in the crisp air. Hickory Swing Golf Course is an 18-hole par 60 Executive Golf Course. The challenging fairways include lakes and a driving range. Last but not least, the course at Meadow Lark Country Club is recognized as one of the great classic courses and one of the best in Montana.



Riverside Rail Yard Skate Park

500 River Drive N

Great Falls, MT 59401......406-771-1265 https://greatfallsmt.net/recreation/skate-park

This 27,000-square-foot Riverside Railyard is considered one of the top five skate parks in the Pacific Northwest. The park features a series of bowls, including one 9 feet deep, a full pipe, half pipes, a clamshell and a street course with ledges, grind rails, grind boxes and steps. Best of all, it's free for all skateboarders, inline skaters, roller skaters and BMX riders. The park is open daylight to dusk.

PARKS

The River's Edge Trail along the mighty Missouri offers unrivaled recreational opportunities for residents of Great Falls. Check the city's Park and Recreation site at https://greatfallsmt.net/recreation to see listings close to your neighborhood.

First People's Buffalo Jump State Park

342 Ulm-Vaughn Road

First Peoples Buffalo Jump State Park is a national historic landmark with possibly the largest bison cliff jump in North America. The archeological site was used by Native peoples for thousands and years before it was reached by explorers Lewis and Clark. Today, the park has an interpretive trail, picnic areas and a prairie dog town, all which help visitors learn about the history of hunting on the high plains. The top of the cliff, accessible by hiking or a short drive, provides expansive panoramic views of the Rocky Mountain Front, the Missouri River

Valley and the buttes that make the Montana landscape so memorable. Visit the park's website for directions, hours and more information.

Montana's Veterans Memorial

25th Street North and River Drive

Great Falls, MT 59405406-454-9070 montanaveteransmemorial.org

The Montana Veterans Memorial honors and recognizes U.S. military veterans of all branches of the United States of America. A solemn place of honor, the memorial features more than 6,000 tiles with names of veterans, including 160 members of the Blackfeet Nation. Visit the website for more information about special events and how to honor a veteran.

Giant Springs State Park

4803 Giant Springs Road

Great Falls, MT 59405......406-727-1212 http://stateparks.mt.gov/giant-springs

Bring a picnic and experience this scenic and historic site. First recorded by the Lewis and Clark Expedition in 1805, it is one of the largest freshwater springs in the country. A visitor center, riverwalk trails, a fish hatchery, fire pits, restrooms and special events make this park even more remarkable. Pets are welcome, but they must be on a leash. Visit the website for maps, hunting regulations, event schedules and more.

Glacier National Park

64 Grinnell Drive

West Glacier, MT 59936 406-888-7800 www.nps.gov/glac

The "Crown of the Continent," Glacier National Park's natural beauty is unparalleled, with forests, alpine meadows, rugged mountains and spectacular lakes. Whether you enjoy camping, boating, fishing, skiing, photography or guided tours, there's something for everyone in the park. More than 700 miles of trails stretch across this hiker's paradise, and some roads are open to cyclists before cars in the spring, making for an exceptional experience. Special trail adaptations each year make the park more accessible to all. Visit the website for information on facilities, weather conditions, transportation and more.

Tower Rock State Park

2325 Old US Highway 91

Cascade, MT 59421406-866-2217 www.nps.gov/places/tower-rock-mt.htm

Tower Rock was a landmark for Native American tribes, the Corps of Discovery, fur trappers, traders and many more that followed in their footsteps. The 400-foot high igneous rock formation lies in a 140-acre site along the

stretch of the Missouri River. Visitors can learn about the geology and history of the site with five interpretive panels located at the trail head of this day-use state park. The trailto the base of the saddle is maintained for a quarter-mile.

SHOPPING/NIGHTLIFE

From malls and major department stores to unique boutiques and souvenir shops, there's something for every taste and budget.

Holiday Village Mall

1200 10th Ave. S

Great Falls, MT 59405......406-727-2089 www.holidayvillagemall.com

The shopping here features JC Penney, Sephora, PetSmart, Hobby Lobby, Victoria's Secret, Ross Dress for Less, Bath & Body Works and other name-brand stores, specialty boutiques, restaurants and service providers.

Downtown Great Falls

318 Central Ave.

Great Falls, MT 59401......406-453-6151 http://exploredowntowngf.com

With over 30 unique boutiques, coffee shops, restaurants, and retailers, there is plenty of unique charm to choose from. Downtown is also home to Montana's Largest Specialty Dry Goods Store, Dragonfly Dry Goods, which features brands that include Joseph Ribkoff, Tommy Bahama, Fossil, Brighton, Alegria, WoodWick and Fly.

Great Falls Marketplace Shopping Center

1601 Market Place Drive

Great Falls, MT 59404.......406-727-5505 https://great-falls-marketplace-shoppingcenter.business.site

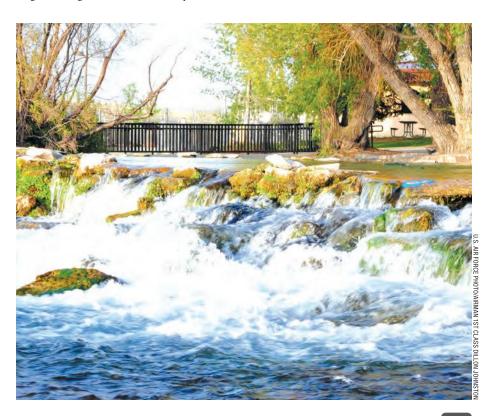
The Marketplace Shopping Center is on the west side of Great Falls and features several name brand stores, including Barnes & Noble, Famous Footwear, Home Depot, Office Max, Old Navy, Michaels Arts & Crafts, Petco, Denver Mattress, Oak Express, Sofa Mart or Pier 1 Imports and AMC Movie Theatre. Dining options are plentiful in this area as well.

Sip 'n Dip Tiki Lounge

17 7th St. S

Great Falls, MT 59401......406-454-2141 https://ohairemotorinn.com/sip-n-dip

Mai thais and mermaids and Pat, oh my! Opened in 1963 at the height of Polynesian fever, this legendary lounge keeps the tiki fever alive in Great Falls all these years later. The bar, part of the O'Hare Motor Inn, is full to the gills with bamboo and fruity drinks. But the "dip" of the bar is its star attraction: elegant "mermaid" swimmers who float by windows that look into the indoor pool at the motel. "Piano Pat" Spoonheim — a local legend herself — provides the jazzy live piano bar entertainment. Named the No. 1 bar worth flying for by GQ Magazine in 2003, the Sip 'n Dip is a one-of-a-kind experience not to be missed.







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The Armed Services YMCA is a non-profit 501 (c) (3) and its mission is to enhance the lives of military members and their families in spirit, mind and body through programs relevant to the unique challenges of military life.

We focus on serving junior enlisted service members and their families through 34 branches, located near or on 59 of the largest military installations in the country. We provide services at more than 200 locations with a small number of paid employees and 10,000+ volunteers donating 112,000+ hours to 500,000+ troops and their family members in 2015.

Our Programs, Services, and Events

In coordination with the Department of Defense and installation commands, we work closely to identify gaps in programs and services. Programs are tailored to help cope with the realities of military life, including the stress of having a loved one deployed, additional childcare responsibilities and increased financial burdens. Healthy families contribute substantially to the success of the military and defense community during peacetime and more importantly, in times of combat. The Armed Services YMCA promotes strong kids, families and communities through our many support services.

The following are a few examples:*

Youth Development

- · After school programs
- Aquatic Classes
- · Before and After School Care
- · Child Care
- Children Playgroups
- · College Scholarships
- · Field Trips
- Kids Olympics
- · Operation Hero
- · Parent and Me Classes
- Pre-School
- · Soap Box Derby
- Summer Camp
- · Supplemental Home School
- · Teen Programs
- · Youth Fishing Derby

Healthy Living

- Baby Contest
- · Bible Study
- Christmas You Missed
- Family Meals
- Fitness Classes
- · Food Pantries or Emergency Food Assistance
- · Healthy Kids Day
- · Kids Cooking
- · Military Family Outreach
- · Military Family Recognition
- NICU Reunion
- · Operation Kid Comfort
- · Parent/Child Dances/Teas
- Programs for Children with Special Needs
- · Recreation Therapy
- Spouse Activities
- · Summer Food for Children
- . Troop Fishing Trips
- Trunk or Treat
- · Wounded Warrior Support
- Youth Basketball

Social Responsibility

- Activate America
- · Airmen Against Drunk Driving
- · Airport Lounges
- · Baby Bundles
- · Emergency Financial Assistance
- · Formal Attire Loan/Giveaway
- · Give Aways, Tickets
- · Guardian Angel
- · Holiday Activities; Food and Gift Assistance
- · Infant Car Seat
- · Local Community Outreach
- · Military Readiness Group Support
- · Military Unit Support
- · Operation Ride Home
- Social Work
- · Teddy's Child Watch
- . Thrift Store (free or for pay)
- Transition Assist
- Transportation
- · Volunteer Development
- · Washers and Dryers for Airmen
- Welcome Centers
- · Y on Rails

*Not all programs, services and events are available in all locations.





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Altus Armed Services YMCA Altus AFB Family Support Center P.O. Box 72, Altus, OK 73522

Anchorage, Alaska

Armed Services YMCA of Alaska P.O. Box 6272 Joint Base Elmendorf-Richardson, AK 99506 Physical address: 10449 Luke Ave., JBER, AK 99506

Camp Pendleton, California

Camp Pendleton Armed Services YMCA Box 555028, Bldg. 16144 Camp Pendleton, CA 92055

El Paso, Texas

El Paso Armed Services YMCA 7060 Comington, El Paso, TX 79930

Fayetteville, N. Carolina

Fort Bragg Armed Services YMCA Bldg. 2-2411, Rodney Trail, Fort Bragg Mailing address: 439 Westwood Shopping Center, FB # 430, NC 28314-1532

Fort Campbell, Kentucky

Fort Campbell Armed Services YMCA Mail to: P.O. Box 629, Fort Campbell, KY 42223 Physical Address: Bldg. 3068, Reed St. Fort Campbell, KY 42223

Hampton Roads, Virginia

Hampton Roads Regional Armed Services YMCA 1465 Lakeside Rd., Virginia Beach, VA 23455

Honolulu, Hawaii

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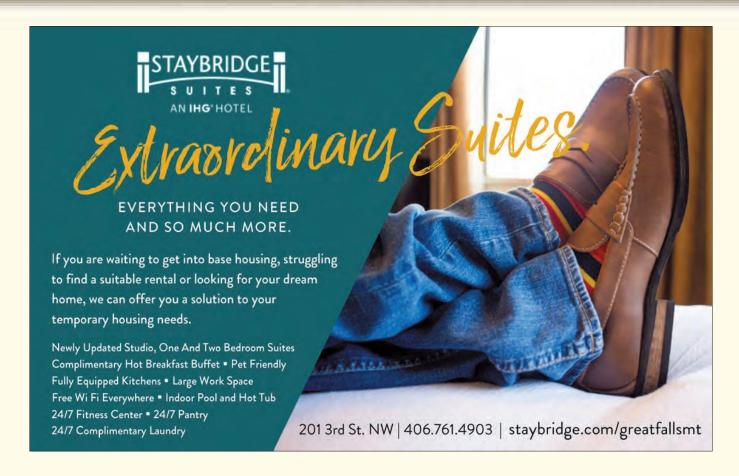


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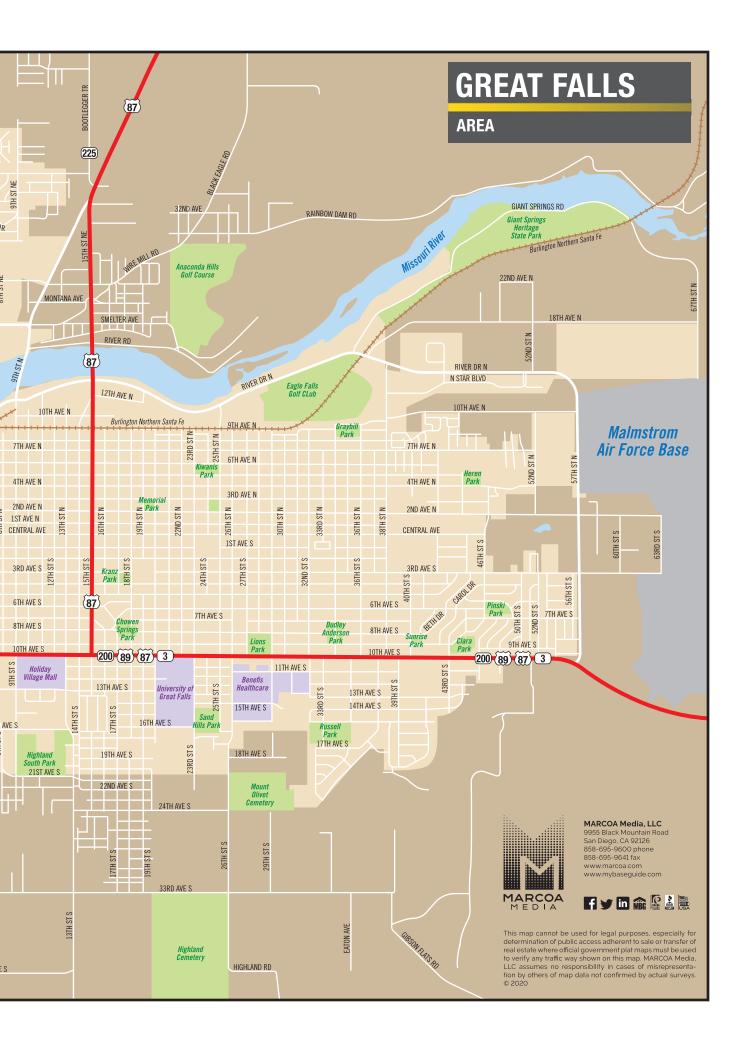
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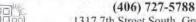
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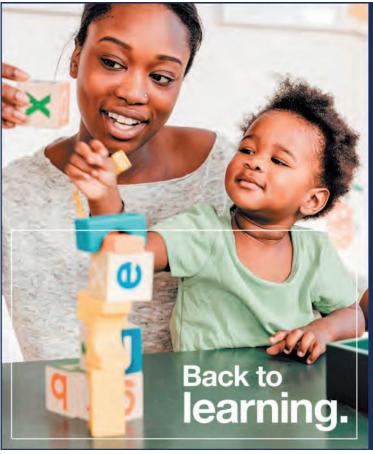
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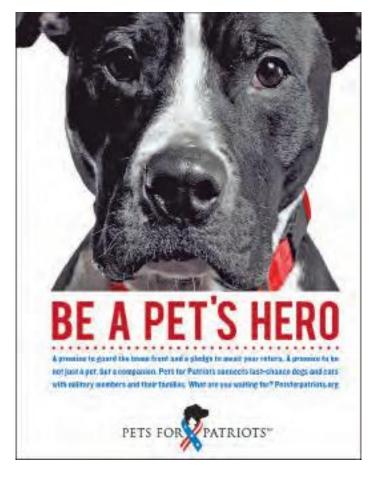




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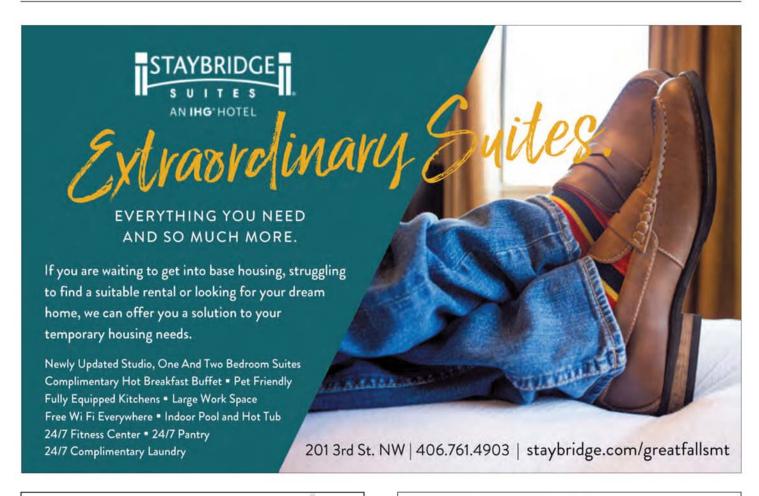
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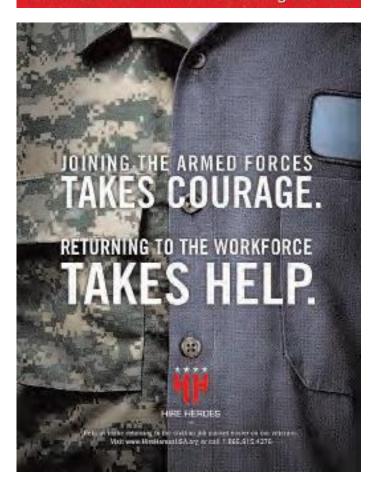
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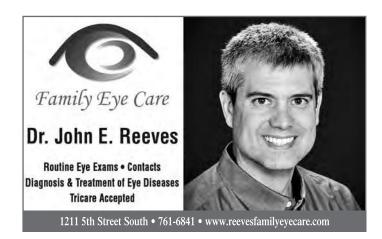
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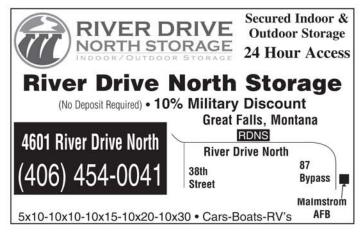






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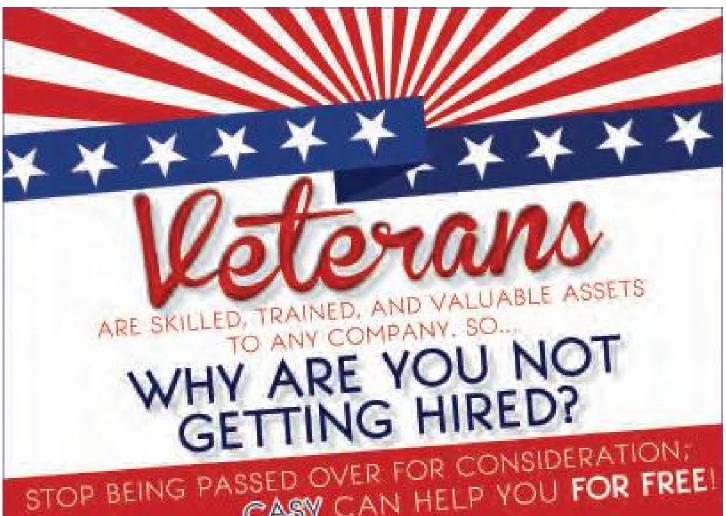
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