



**DEPARTMENT OF THE AIR FORCE
HEADQUARTERS 341ST MISSILE WING (AFGSC)**

1 April 2015

MEMORANDUM FOR ALL MILITARY RETIREES AND THEIR FAMILIES

FROM: Retiree Activities Office
46874th Street North
Malmstrom AFB MT 59402

SUBJECT: Retiree Appreciation Weekend Information Letter

RETIREE APPRECIATION WEEKEND

Colonel John T. Wilcox II, Commander, 341st Missile Wing, has designated 15 May - 17 May 2015, as Retiree Appreciation Weekend. Activities will commence at 1600 Friday, 15 May 2015, with a retreat ceremony held at Medal of Honor Park at Malmstrom AFB. In case of inclement weather, the ceremony will be held at the Base Auditorium. Retirees should be in uniform to participate in the retreat formation. Following the ceremony, retirees and their family members are invited to a no-host social hour at the Grizzly Bend.

Reservations are required for Saturday's annual retiree social and dinner. The dinner will be held at the Grizzly Bend starting at 1730. Reservations MUST be received by 1 May 2015. We accept checks, money orders or cash for payment. Reservations can be made in person, by mail or by phone at 406-731-4751.

NOTE: Additional information can be obtained by contacting the Retirees Office at 406-731-4751 or visiting the website at www.malmstrom.af.mil. If you wish to receive this letter next year, please contact the Retiree Office via phone or e-mail at denis.miller3@aol.com using NEWSLETTER in the subject line. Those who have previously responded need not respond again unless your email/contact info has changed.

WELCOME FROM THE COMMANDER & COMMAND CHIEF

Dear Military Retiree,

We would like to extend an invitation to you to attend the 341st Missile Wing Retiree Appreciation Weekend 15 May - 17 May 2015. We are very excited about hosting this event again this year. It gives the men and women of the wing a chance to honor those who served before them.

We have prepared a host of events for you to enjoy. We kick off the weekend together with a special retiree retreat ceremony. Men and women from the Operations, Maintenance, Mission Support, Security Forces and Medical Groups will be in formation to honor you and the contributions you made to this great nation throughout your many years of dedicated service. After the retreat ceremony, I invite you to visit the Grizzly Bend social with these Airmen and fellow retirees.

Saturday's events will include an optional breakfast at the Elkhorn Dining Facility, open customer service agencies, informational briefings by the base legal office, veteran's affairs, the social security office and casualty affairs at the chapel. We will wrap up the weekend with the annual retiree dinner with our special guest speaker and Purple Heart recipient, LtCol Sean McNamara, Commander, 341st Medical Support Squadron. The Malmstrom Clinic will also be open Friday and Saturday offering many services to you. They are outlined further in this newsletter. Additionally, the Elkhorn Dining Facility will be open to retirees on Sunday for a bite to eat before you depart Malmstrom AFB.

I encourage each of you to take advantage of these activities and enjoy the weekend to its fullest.

Sincerely,

PHILLIP L.EASTON, CMSgt, USAF
Command Chief, 341st Missile Wing



CMSgt Phillip L. Easton
Command Chief, 341st Missile Wing

JOHN T. WILCOX II, Colonel, USAF
Commander, 341st Missile Wing



Col John T Wilcox II
Commander, 341st Missile Wing

WELCOME FROM THE DIRECTOR, RETIREE ACTIVITIES OFFICE

Fellow Retirees and families,

Our annual Retiree Appreciation Weekend fast approaches and you are invited to join us once again. The Malmstrom Inn will be undergoing required renovations 27 Feb-15 May to provide enhanced safety and security to lodge residents. Lodging will be extremely limited during that timeframe and restricted to 24 hour advance reservations. For more information regarding lodging refer to the "Lodging" section of this newsletter. Our weekend agenda is much the same as in past years, opening Retreat ceremonies on Friday afternoon followed by a social hour at the Grizzly Bend, special events and services on Saturday, and a "farewell until next year" breakfast gathering at the Elkhorn Dining Facility starting at 9:00 AM. There will be a Commissary case lot sale to coincide with the Retiree Weekend from the 14-16 May. The 341st Medical Group always goes above and beyond to provide and assist our retirees and we look forward to the same service and support this year. Once again, the Commissary and Exchange will be offering special promotions and sales. The Malmstrom AFB Annual Military Retirees Weekend receives outstanding support from the Command, and the men and women of Wing One always treat us with great respect. The Command and the Military Retirees Council put forth a tremendous effort each year to ensure that the weekend is a success. This will be our 15th year and we have one of the biggest events in the Air Force. Over the years, we have had retirees return for the weekend from California, Texas, Illinois, Pennsylvania, Arizona and all over Montana. For the past several years, we have chosen a theme for our Saturday night dinner. In the past, we have honored World War II Veterans, Women in Service, and Korean War Veterans. Our theme this year is Vietnam War Veterans. Our guest

speaker is an Afghanistan War veteran, LtCol Sean McNamara, the Commander of the 341st Medical Support Squadron. We look forward to another great weekend, with great support and great friends. After all, where else can you get together a bunch of Sailors, Airmen, Marines, Soldiers and Coast Guardsmen, and they all get along. And for those retirees who live in the area, have time on their hands and want to get a little involved, please join the members or the Retirees Council for lunch the 2nd Thursday of the month at 11:00 AM at the Elkhorn Dining Facility on base, or give me a call at 731-4751, 866-0683 or email me at denis.miller3@aol.com.

Sincerely,
Denis Miller, Director



AZC Denis R. Miller, USN (Ret)
Director, Retiree Activities Office



LtCol Sean J. McNamara
Commander, 341st Medical Support Squadron

Meet our Guest Speaker, Lieutenant Colonel Sean J. McNamara

Lieutenant Colonel Sean J. McNamara is the Commander, 341st Medical Support Squadron, Malmstrom Air Force Base, Montana. He directs 6 flights with 83 military/civilian/contractor personnel from various specialties to include Diagnostics and Therapeutics, Information Services, Medical Logistics, Medical Readiness, Pharmacy, Resource Management, and TRICARE Operations & Patient Administration providing services to 10K enrolled beneficiaries. He has oversight of an \$8.4M operations and management budget, 48 Home Station Medical Response and 19 War Reserve Materiel projects worth \$2.1M, and is the steward of equipment and systems inventory and facilities improvement project for four facilities. Lieutenant Colonel McNamara is also the 341st Medical Group Biomedical Sciences Corps Executive responsible for the mentoring and oversight of 17 BSC officers.

Prior to entering the military, Lieutenant Colonel McNamara worked as a Clinical Pharmacist specialized in Intensive Care and Anticoagulation Therapy. While in the Air Force, he has held positions at the squadron, group, wing, and headquarters level. His duty stations include Scott AFB, IL; Incirlik AB, Turkey; Bolling AFB, DC; Gardez, Afghanistan; and Maxwell AFB, AL.

His decorations include the Purple Heart, Defense Meritorious Service Medal, Meritorious Service with 3 oak leaf clusters and the Air Force Combat Action Medal.

A native of Malta, Montana, Lieutenant Colonel McNamara is married to the former Stephanie Mackey. They have two children, Seamus and Sullivan.

Retiree Activities Office: The Malmstrom Retiree Activities Office is located in the Malmstrom Clinic in Room N222, next to the Dental Clinic. We are here to help with any problems retirees or family members

encounter at Malmstrom AFB. Office hours are 1000-1400 Monday (depending on volunteer availability). If you are out of the local area and need to contact any base agency, use the toll-free number listed below and call **(406)-731-4751, 1-866-257-2264, ext 4751**, or call the base operator at **406-731-1110**.

341st MEDICAL GROUP

Malmstrom Clinic: The Malmstrom Clinic does not have an emergency room. Individuals with medical emergencies should go directly to the local emergency room at Benefis Hospital East or call 911 for an ambulance. For all other clinic appointments and information, call **(406) 731-4MED (731-4633)**. If out of the area, call **1-866-731-4MED**. To contact Retiree Services, use **(406) 731-4751 or 1-866-257-2264, ext 4751**.

Malmstrom AFB Retiree Appreciation Day: The clinic will be open to retirees and their spouses on Friday, 15 May 2015, from 0800-1500 and Saturday, 16 May 2015, from 0700-1200, offering the following services: glucose and cholesterol screening, blood pressure checks, pharmacy services, tetanus and flu shots (please bring immunization records), glaucoma and basic vision screenings, orders for glasses for those retirees with a current prescription (not for dependents), mammogram referrals, osteoporosis screenings, cancer screenings, and laboratory testing to include lipid panels and glucose checks. Information desks throughout the clinic will offer information on medications, nutrition, smoking cessation, aging, injury prevention, and TRICARE. The Dental Clinic will be performing oral cancer screenings and x-rays as required-on a first-come/first-served basis. Refreshments will be served.

Other Health Insurance: Informing the 341st Medical Group that you have other health insurance (OHI) benefits you and the Medical Group. The key word is **DEDUCTIBLE**. When you utilize the 341st Medical Group for pharmacy or other benefits that money can be applied toward your insurance deductible. You can meet your annual deductible without paying out of pocket expenses and at the same time helping the 341st Medical Group increase revenue and purchase new equipment, which in turn, helps continue providing high-quality health care to you. The clinic will provide a reception desk for the collection of OHI information and to answer your questions during the Retiree Appreciation Weekend.

You have a voice in the Malmstrom Health Community: If you have any concerns, please contact the clinic's **Patient Advocate** TSgt Tiffany Holoway at 731-4266, or complete an interactive customer evaluation survey at <http://ice.disa.mil>.

Malmstrom Clinic Services that all Retirees can use: A frequently asked question concerns what services are available to retirees and their spouses over the age of 65 who do not qualify for the TRICARE Plus program. Although you may not be able to see a provider, you will be able to fill prescriptions at our pharmacy, have laboratory tests and x-rays performed.

TRICARE: National Toll Free Numbers, Websites and Addresses

TRICARE: West Region UnitedHealthcare Military & Veterans
1-877-988-9378

www.uhcmilitarywest.com

TRICARE For Life (TFL) 1-866-773-0404 or 1-866-773-0405
www.tricare.mil/tfl or www.TRICARE4u.com

TRICARE Pharmacy Program 1-877-363-1303
www.tricare.mil/pharmacy

TRICARE Retiree Dental Program (TRDP)

www.tricare.mil/dental

Defense Enrollment Eligibility Reporting System (DEERS)

www.tricare.mil/deers

Medicare 1-800-633-4227 or 1-877-486-2048 (TTY)

www.medicare.gov

Social Security Administration 1-800-772-1213 or 1-800-325-0778 (TTY)

www.ssa.gov

Health Promotions: Health Promotions, formally known as the Health and Wellness Center, (HAWC) has relocated to the main clinic, next to the Radiology department. Health Promotions has a variety of classes and services available including hypertension, cholesterol, diabetes, and weight loss. For retirees that are not TRICARE Prime or TRICARE Plus enrolled, classes can be scheduled when space is available. Call **(406) 731-4292** for schedules and information.

Military Eyeglasses for Retirees: All military retirees (Active Duty, Guard, and Reserve 60 years or older) are eligible for one pair of military issue glasses each year at no charge, which may be ordered by bringing in a prescription less than 12 months old. If mailed in, the prescription must include the Pupillary Distance (PD), SSAN and type of frame. Also include contact information. Other eye health services are also available through the clinic. Please call (406) 731-4MED or (406) 731-4633 for an appointment.

Used Eyeglasses: The Optometry Clinic encourages retirees to bring in used eyeglasses for redistribution to people in need of glasses. If you are interested in donating your glasses, drop them off at the Optometry Clinic.

2015 Clinic Closures: The clinic will be closed in observance of the following holidays: *Memorial Day (25 May), Independence Day (3* July), Labor Day (7 September), Columbus Day (12 October), Veterans Day (11 November), Thanksgiving Day (26 November), Christmas Day (25 December), New Year's Day (1 January).*

Prior to visiting the 341st Medical Group, please call (406) 731-4MED or 1-866-731-4MED to verify services will be available. In addition, the 341st Medical Group will be closed on the following AFGSC Family Days: *26 May, 6 July, 4 September, 27 November, 24 December, and 31 December 2015*, which coincide with the federal holidays mentioned above.

Readiness Training: Readiness Training: The 341st Medical Group dedicates one day a month for Force Readiness Training. The specific dates are as follows: *15 January, 26 February, 19 March, 23 April, 14 May, 25 June, 23 July, 27 August, 24 September, 22 October, 19 November and 10 December.* All dates are subject to change with mission requirements.

The Mighty Medics are proud to offer the above services to you and thank you for your years of service and sacrifice for this great nation.

341st SECURITY FORCES GROUP

Vehicle Registration and Gate Information

As of 1 April 2007, there is no longer a requirement to register vehicles with the Visitor's Control Center (VCC) at any Air Force Global Strike Command installation. Hours of operations for the Visitor Control Center located adjacent to the main gate are Mon-Fri from 0700-1700, with the exception of holidays and designated wing down days/family days. Visitor passes must be obtained from the 2nd Ave North Gate (main gate) when the VCC is closed. The main gate is open 24 hours a day, 7 days a week. The 10th Ave N gate (base housing) gate is open Mon-Fri from 0600-1800, with the exception of holidays and designated wing down days/family days, unless mission essential. Malmstrom has a "Trusted Travel" policy for the hours of 0600-2200: This means one military ID card holder can sponsor up to five people in the same vehicle without having to get them visitor passes. For visitors not riding in the same vehicle, the military ID card holder is required to meet them at the Visitor Center (or main gate if VCC is closed) for visitor passes. In this situation, the visitors will need the following: Drivers need driver's license, vehicle registration and proof of insurance; any other passengers will need a photo ID (for ages of 16 and older). To access the installation from the hours of 2200-0600, all visiting personnel will need to get visitor passes. All visitors, regardless of length of stay, must be vetted onto the installation. BDOC or VCC personnel will conduct a criminal background check of all visitors through the Criminal Justice Information Network (CJIN). Security Forces personnel will then issue the pass.

Military Personnel Section

ID Card Renewal & Issue at Malmstrom – As a reminder, in order to receive a new card, you must present two current forms of identification. At least one form must be a government-issued photo ID card. Your retiree ID card, driver's license, or passport is acceptable. The second form of identification can be a SSAN card or birth certificate. All forms of identification must be valid and current. If you have a question on what constitutes "proper identification", please contact us before you leave your area. Family members 75 years and older will receive indefinite ID cards. For information and/or questions, please call Customer Service at **(406) 731-4155**. The Military Personnel Section is normally closed on weekends; however, we will be open on **Saturday, 16 May 2015** from **0700-1200** to support Retiree Appreciation Weekend participants.

ID Cards can be obtained at these MT locations

Malmstrom AFB	731-4155	Great Falls	Mon - Fri 0730-1630
Great Falls MT ANG	791-0284	Great Falls	Mon - Fri 0800-1630
Navy/Marine Res Ctr	248-2090 x221	Billings	Thursdays only, by appt
Army Reserve Ctr	652-6460 x246 or260	Billings	Call for appointment
ANG Belgrade	388-3533 / 3503	Belgrade	Wednesday only, call for appt
Ft Harrison Ctr	324-3249/3245	Helena	Call for appt
Armed Forces Guard Ctr	758-3100 opt 2	Kalispell	Tue & Thu by appt
USAR Reserve Ctr	523-5472	Missoula	Mon-Fri 0730-1630
Butte MEPS station	723-8883 Ext 230/206	Butte	PIN # reset only call for appt

Casualty Assistance Representative (CAR): Upon the death of a retired member or the spouse/widow of the military member, the family or executor of the estate should immediately contact the Malmstrom AFB CAR. The CAR office is located at room 122 in Bldg 1191, across the hall from Customer Support. The CAR can also be contacted at (406) 731-4900.

Lodging: Due to required renovations for safety reasons, lodging at Malmstrom Inn will be extremely limited from 27 Feb to 15 May. Reservations can only be made 24 hours in advance during that time frame. There is always the possibility that the contractors will finish the work early and you are encouraged to contact the

lodge at(406) 731-3394after April 27th for any inquiries related to availability.Please remember, mission requirements can affect availability. There are a variety of lodging facilities in Great Falls and many of them will give the military rate to our retirees. In the past, many of them have stated that they will extend the military rate to those military retirees making reservations for the weekend.Be sure to explain that you are a military retiree attending the retiree weekend event and ask for the discounted rate. We highly recommend making your reservations in town and if the lodge becomes available you can cancel the in-town reservations. All E-9's and General Officers are encouraged to make their Malmstrom Inn reservations by contacting Victoria Plank, Protocol, at 731-3430 or victoria.plank@us.af.mil.

Lodging Toll Free Numbers

Air Force: **1-888-235-6343** Army: **1-800-462-7691** Navy: **1-800-628-9466**

Gateway FAM Camp:Come discover Montana this summer at the Gateway FAM Camp with 25 full hook-up sites, washers and dryers and other amenities. This beautiful addition is located off 3rd Ave South. Turn right at 63rd street (the cross street at the 2nd Avenue North Gate), go south five blocks, turn right and the entrance is on the left. **(406) 731-5140.**

The Grizzly Bend:Retirees, Club dues SPECIAL Membership rates are available!!

Retired Military Officers = \$10.00 a month

Enlisted Retirees = \$3.00 a month

Living outside the 50 miles of Great Falls = \$1.00 a month or \$12.00 annually

All members may choose payment plans of monthly, quarterly or annually.

Call the Grizzly Bend for more information **(406) 731-3359**

Additional Information:Sign up for the monthly “Beacon” or the weekly “E-News” at www.341FSS.com or drop off your mailing information at an FSS facility or mail to: 341st Force Support Squadron, Attn: Marketing, 7215 Goddard Dr., Malmstrom AFB MT 59402.

OTHER SERVICES

Base Exchange:In-Store Specials for the entire weekend will be available.Don't forget you can shop online at www.shopmyexchange.com. **(406) 454-1301**

Main Store

454-1301

Mon-Sun 0900-1900

Shoppette/Class Six

454-1301

Mon-Sun 0400-2400

Military Clothing Sales

454-1301

Mon-Fri 0900-1800

Saturday 0900-1600

Sunday Closed

Service Station

454-1301

Mon-Sun 0400-2400

24 hour pay at the pump

Burger King

727-7480

Mon-Fri 0630-1900

Saturday 0900-1500

Sunday Closed

Optical Shop

452-8201

Mon-Fri 1000-1800

Saturday 1000-1600

Sunday Closed

Barber Shop

453-5715

Mon-Fri 0700-1900

Saturday 0900-1800

Sunday 1100-1600

Laundry/Dry Cleaner

454-1301

Mon-Fri 0930-1800

Saturday 1100-1500

Sunday Closed

Subway

Mon-Sat 0700-2000

Sun 0900-1900

Popeyes

Mon-Fri 1000-1900

Sat 1100-1900

Sun 1100-1800

Commissary:To make our commissary entry customer-friendly and free up manpower to serve you better, IDs are now scanned at the cash register. Should you have any questions, please call **(406) 731-3432 or (406) 731-3434**. Due to changes in our warehouse stocking program, we will no longer carry excess inventory for semi-perishable (dry goods), chilled and frozen products. For large quantities of items you plan on stocking up on, please call the above number at least two weeks in advance so we can order it for you. Or, you can do special orders by email to: Anthony.cobeaga@deca.mil or Joleen.vogl@deca.mil. There will be a Tent Sale at Malmstrom 14-16 May. Onsite sales dates and locations have not yet been confirmed, but those retirees who have a valid email on file with the Retirees Office at email denglo3138@bresnan.net will be notified when there is one in their area. To be added to the monthly commissary newsletter, send a request to Jerry Contreras, Store Manager, at jerry.contreras@deca.mil.

Commissary Store Hours

Sunday	1000-1800	Thursday	0900-2000
Monday	Closed	Friday	0900-1900
Tuesday	0900-1900	Saturday	0900-1900
Wednesday	0900-1900	Early-bird shopping, 15 items or fewer Tues-Sat 0700-0900	

Malmstrom Chapel Schedule:All military retirees and family members are invited to attend worship services provided at the base chapel. Recurring weekly services and activities are listed. Additional services are held for special seasons and holy days. Call the chapel for information at **(406) 731-3721**.

PROTESTANT

General Protestant Sunday Service

Traditional Service 1100
Communion 1st Sunday of each month

CATHOLIC

Mass Schedule

Saturday Confession 1600-1645
Mass 1700
Sunday Mass 0900
Fellowship 1030
Sunday School 1045
Mon- Fri Weekday Mass 1115

Base Needs Volunteers Now More Than Ever

The Military Retirees Council is always looking for new members to join us. All retirees from all branches and all ranks are welcome. We stay involved with the military community in various volunteer positions and are the driving force behind the Retiree Appreciation Weekend. We meet once a month, the second Thursday, at the Elkhorn Dining Facility at 1130. Come and meet us. Volunteers are also needed at the Retiree Activities Office (one day per week 1000-1400), at the Clinic, the Malmstrom Museum and Air Park, as well as various other places around the base. Should you be interested in volunteering at the Medical Clinic or other places, we can arrange something for you. In addition, the RAO also maintains lists of employers who are occasionally interested in employing retirees. Call Denis Miller at the RAO office at **(406) 731-4751 or 1-866-257-2264, ext 4751** for more information. If there is no answer please leave a message.

Troops to Teachers

Troops to Teachers is a U.S. Department of Education and Department of Defense program that helps eligible military personnel begin a new career as teachers in public schools where their skills, knowledge and experience are most needed. The Lewis and Clark Troops to Teachers regional office covers Idaho, Montana, North Dakota, Oregon, South Dakota, and Wyoming. If you would like some additional information, please contact **1-866-478-3224** or you may visit the website: www.montanta.edu/tt

Cell Phones for Soldiers Program

The Malmstrom Retirees Council is involved with the Cell Phones for Soldiers program. This program recycles used cell phones and accessories. Each phone collected and recycled results in a one hour pre-paid phone card that is sent to a service member deployed to Iraq or Afghanistan. In the seven years of our involvement in the program, we have spent 778 hours collecting phones, traveled 5493 miles, collected 4693 phones and donated 281580 minutes to deployed service members. Now you can help. Bring your old, unwanted, used or broken cell phone with you to Retirees Weekend and donate it to this program that provides pre-paid phone cards to our deployed military. Drop boxes are located in the clinic, commissary, Base Exchange, and all First Liberty Credit Union branches. Find out more about the program by visiting the following website: www.cellphonesforsoldiers.com

TIDBITS OF INFORMATION

ARLINGTON CEMETERY

Did You Know About the Tomb of the Unknown Soldier

- *The Tomb guard takes 21 steps during his walk across the Tomb of the Unknowns: alluding to the twenty-one gun salute which is the highest honor given any military or foreign dignitary.
- *He hesitates 21 seconds after his about face to begin his return for the same reason as answer number 1.
- *His gloves are moistened to prevent his losing his grip on the rifle.
- *He carries his rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder.
- *Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.
- *For a person to apply for guard duty at the tomb, he must be between 5' 10' and 6' 2' tall and his waist size cannot exceed 30 inches.
- *They must commit 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives. They cannot swear in public for the rest of their lives and cannot disgrace the uniform or the tomb in any way.
- *After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules for the rest of their lives or give up the wreath pin.
- *The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt.
- *There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full-length mirror.
- *The first six months of duty a guard cannot talk to anyone nor watch TV. All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred. Among the notables are: President Taft, Joe Lewis {the boxer} Medal of Honor winner Audie L. Murphy, the most decorated soldier of WWII and of Hollywood fame. Every guard spends five hours a day getting his uniforms ready for guard duty..

HERE RESTS IN HONORED GLORY AN AMERICAN SOLDIER KNOWN BUT TO GOD.

E-Prescribing – Has Come to Malmstrom AFB!

The Military Health System has deployed electronic prescribing in military pharmacies across its system of clinics and hospitals in the United States (and in Guam and Puerto Rico). This capability will allow civilian providers to send prescriptions electronically to military pharmacies, reducing the need for handwritten prescriptions. E-prescribing makes military pharmacies a more attractive and convenient option for doctors and patients, and it aligns the Military Health System with current best pharmacy practices.

E-prescribing is a safe and efficient option already adopted by most civilian pharmacies and providers. It can help reduce prescription errors and has the potential to decrease wait times at military pharmacies. When a prescription comes into a pharmacy electronically, it allows the pharmacist to resolve issues before the patient arrives. Beneficiaries can ask their doctor to look for their local military pharmacies in the e-prescribing database/networks. Military hospitals and clinics will not be able to accept electronic prescriptions for controlled substances. Beneficiaries will still need a hand written prescription for these medications.

Veterans keep giving, long after the uniform is retired.

We represent every economic class in this country, every culture and every race. We are teachers, accountants, police officers and administrators. We serve as nurses, doctors, firefighters, lawyers, mechanics, electricians, barbers and hairdressers, therapists and technicians in every shape and forms. We have walked the face of the moon, have traveled faster than the speed of light, have served in soup kitchens and organized drives for the needy. We live in every state, every county and every village in this country. We own small businesses, we are CEOs of corporations, we write the news and we make the news. We count among us musicians, craftspeople, writers, artists, engineers, scientists and mathematicians. We run shop floors and retail chains. We are farmers, ranchers and homemakers. We can be the barista attending community college or the doctoral candidate preparing to present her thesis. We bake, we build, we birth, we bury. We are elected to office and serve in Congress. We play a role in state legislatures and on local councils and school boards. We are also behind the scenes as staff members who bring our training to the good order of things. We serve on the boards of non-profits. We are Scout leaders and coaches. There isn't a civic or service club that doesn't depend on at least one of our number as an active member. We can be found in synagogues, mosques and churches. We may not profess a religion, but we've dedicated a portion of our lives toward protecting that freedom and many others that allow our fellow citizens to have a choice. We are Republicans, Democrats, independents, libertarians and everything in between. Some of us don't vote; many of us would never miss an election. We have walked the face of the moon, have traveled faster than the speed of light, and have served in soup kitchens and organized drives for the needy. We live in every state, every county and every village in this country. We understand the meaning of duty and accountability. We grasp the difference between the two as well. We have one thing in common — when called to serve, we step forward.

FINANCIAL INFORMATION

by Denis Miller, Director, Retiree Activities Council

DFAS, (Defense Finance Accounting Service) has new monthly statements: Military retirees can receive a monthly electronic summary of their pay, deductions and benefits using myPay. The eRAS (electronic Retiree Account Statement) includes information about allotments, income tax withholdings, direct deposit information and a Survivor Benefit Plan counter that shows how much longer they have to pay premiums. Previously, the DFAS issued an annual RAS each December or when a retiree's pay, benefits or account information changed. To view your eRAS, log into myPay at <https://mypay.dfas.mil>, the online account management system for military members and DOD employees. If you do not have current user ID's or passwords for myPay, you can resolve that at www.dfas.mil/retiredmilitary. Link to "myPay Login

instructions."Retirees may register e-mail addresses with myPay and receive e-mail notification every month when their eRAS is available. It also allows DFAS to email temporary passwords when one is forgotten or if the retiree suspects their password has been compromised.MyPay is available 24/7 and changes take effect in 3-5 business days.

Beware of Scams and Scam Emails:There are numerous scams attempting to obtain personal information from retirees, military members and civilian employees. Many scammers will use logos that closely resemble a known entity such as Medicare, DFAS, Social Security and the VA. They may use emails, phone calls, or mail to try and get you to compromise your personal information. The safest course of action, if you suspect the sender or requester may be scamming you, is to not divulge any personal information and to immediately end the contact. If you are not sure whether or not the agency contacting you is legitimate, you can always call the organization direct or log on to their website to verify your account status. Do not click a link in an email to get to their website. Remember, your bank, your credit card companies, reputable businesses and government entities will never ask for personal information regarding bank accounts, passwords, birthdates, social security numbers or financial data.

Credit Reports:Did you know: You can get a free credit report from each of the three nationwide consumer reporting companies every 12 months. The official website is: www.annualcreditreport.com and is the **ONLY** authorized online source for you to get a free credit report under federal law. Beware!! Some other sites claim to offer "free" credit reports, but may charge you for another product if you accept a "free" report. Or you can call them toll free at 1-877-322-8228. A good way to keep up to date on your credit report and credit files is to access each once a year, four months apart, such as January for one agency, May for the next and August for the third. Then repeat the process each year. That way you are looking at your credit report every four months.

OTHER INFORMATION

Passing of a Retiree Form:Defense Finance and Accounting Service officials report that survivors can now use a "fast form" to report the passing of a retiree on the Internet rather than waiting on the phone.The DFAS Form 9221 for notification of death can be processed quicker than faxed or mailed forms, said officials, and they save paper and postage costs.Officials warn that if a survivor doesn't receive confirmation of receipt from DFAS within 48 hours of submitting the form, they should call 800-321-1080. The form can be completed and submitted online from the privacy of a customer's home, or with the help of a casualty assistance representative. Submitting the form initiates all of the same actions a DFAS customer care center representative would:

- The retiree's account will be suspended to avoid release of monthly payments.
- A Standard Form 1174 claim form will be sent to the retiree's arrears-of-pay beneficiary.
- If the decedent was enrolled in the Survivor Benefit Plan or the Retired Serviceman's Family Protection Plan, an annuitant care package will be sent to the beneficiary.

The notification-of-death form is only for reporting the death of a military retiree. Annuitant deaths must still be reported to one of the DFAS customer care representatives at 800-321-1080.

To access the notification of death fast form, click on the link at

<http://www.dfas.mil/retiredmilitary/forms.html>.

For more retiree news and information, please visit www.retirees.af.mil.

Stolen Valor Act Becomes Law:On June 3, 2013, President Barack Obama signed into law The American Legion-backed Stolen Valor Act of 2013, which now makes it a "federal crime for an individual to fraudulently hold oneself out to be a recipient of any of several specified military decorations or medals with the intent to obtain money, property, or other tangible benefit." Violators could face up to a year in prison. The

U.S. Supreme Court had overturned the original Stolen Valor Act of 2005, deeming it unconstitutional because it was, in the justices' opinion, too broad in scope and violated the right of free speech. A summary and the text of the Act are available on the Congress.gov website at <http://beta.congress.gov/bill/113th-congress/house-bill/258>.

Vietnam War Commemorative Flag and Proclamation: On March 29th, 2012, President Barack Obama issued a proclamation designating March 29th as Vietnam Veterans Day. On May 25th of the same year he signed a proclamation designating the period from 28 May 2012 through November 11th 2025, as the Commemoration of the 50th Anniversary of the Vietnam War.

ABOUT THE FLAG

Description of The United States of America Vietnam War Commemoration Flag:

"The United States of America Vietnam War Commemoration" is the official title given to the Department of Defense program in the 2008 National Defense Authorization Act. The traditional use of the color gold to signify a 50th Anniversary was chosen for the phrase "50th Anniversary" and symbolizes the specific mission of the Department of Defense program as outlined in the Congressional language "to commemorate the 50th anniversary of the Vietnam War."



A representation of the Vietnam Service Medal (ribbon) rests below the inner rings.

The red, white, and blue inner rings represent the flag of the United States of America and recognize all Americans, both military and civilian, who served or contributed to the Vietnam War effort.

The outer black ring serves as a reminder of those who were held as prisoners of war or listed as missing in action during the Vietnam War. The black ring surrounds the red, white, and blue rings to call attention to their sacrifices, the sacrifices of their families, and the defense of our nation's freedom.

Within the blue ring are the words "Service, Valor and Sacrifice"; virtues demonstrated by our veterans during the Vietnam War. The gold-rimmed white star located between the words "Service" and "Valor" represents hope for the families of those veterans for which there has not been a full accounting. The blue-rimmed gold star located between the words "Valor" and "Sacrifice" represents the families of those veterans who paid the ultimate sacrifice during the war. The blue star at the bottom of the inner blue ring represents the families of all veterans and symbolizes their support from home.

At the bottom of the inner blue ring are six white stars, three on each side of the blue star. These six white stars symbolize the contributions and sacrifices made by the United States and its Allies, Australia, New Zealand, Philippines, Republic of Korea, and Thailand.

The center circle contains a map of Vietnam in black outline relief, signifying both the country and the Vietnamese veterans who stood with our veterans. The subdued outlines of Cambodia, Laos, Thailand, and surrounding waters represent the area of operation where U.S. Armed Forces served.

The green laurel wreath signifies honor for all who served.

The phrase, "A Grateful Nation Thanks and Honors You" is the personal message to each veteran, civilian, family member, and all who served and sacrificed during the Vietnam War.

The seal's blue background is the same color as the canton in the United States Flag. When placed next to the flags of World War II and the Korean War Commemoration Flags, the Vietnam War Commemoration Flag will signify the Vietnam Veterans taking their rightful place among generations of U.S. veterans.

NEWS YOU CAN USE

by Denis Miller, Director, Military Retirees Council

Change of Address: Retirees should be aware of the correct address change procedures to ensure your retiree account is correct and current at DFAS. Individuals with internet access and myPay accounts may change their address on the internet by going to: <https://mypay.dfas.mil/mypay.aspx>, entering their personal identification number and then changing their correspondence address. Because there are other changes that can be made electronically, retired members and annuitants are encouraged to go this route. Those without a PIN should use the same web site and request a PIN which will be sent through the mail. Retirees receiving, or entitled to receive, retired pay, including retirees whose pay in part comes from Veterans Affairs or Civil Service who do not have internet access should send their change of address to DFAS, US Military Retirement Pay, PO Box 7130, London KY, 40742-7130. This may also be accomplished by calling toll free 800-321-1080 or commercial 216-522-5534, or fax 800-469-6559. Include your social security number and sign your request when mailing or faxing. Those surviving spouses who are receiving, or entitled to receive an SBP/Retired Serviceman's Family Protection Plan annuity (this includes surviving spouses of retirees who were enrolled in SBP but who are receiving DIC in lieu of SBP) must send a change of address to DFAS, US Military Annuitant Pay, PO Box 7131, London KY, 40742-7131. Reporting a change of address to the Retiree Activities Office at Malmstrom will not change your address at DFAS.

Current Beneficiary Vital: The money earned but not paid in the final month of a retiree's life goes to whoever is listed as the arrears-of-pay (AOP) beneficiary. DFAS will contact this person to assist in closing out the retiree's account. Often the retiree has failed to update his designation, creating unnecessary family difficulties. The current AOP beneficiary is listed on the back of the Retiree Account Statement. Changes in designation must be provided on DD Form 2894, available at www.dfas.mil/dfas/retiredmilitary. Complete instructions are included. Those without computers, call 1-800-321-1080 for assistance.

Retiree Contacts for Service Branches

U.S. Army- www.armyG1.army.mil or (703) 325-9158

U.S. Air Force- www.retirees.af.mil or (800) 531-7502

U.S. Navy- [www.public.navy.mil/bupers-npc/support/retired activities](http://www.public.navy.mil/bupers-npc/support/retired%20activities) or (866) 827-5672

U.S. Marine Corps- www.usmc.mil or (800) 336-4649

U.S. Coast Guard- www.uscg.mil/ppc/ras or (800) 772-8724

Affordable Health Care Act: The Affordable Health Care Act does not impact veterans who have TRICARE Prime, TRICARE Standard, TRICARE For Life, Medicare or VA Health Care. These programs are considered to meet the mandates of the AHCA. Retirees should be aware that there may be individuals who will try to sell them questionable health care insurance and should exercise caution before providing personal information. The best course of action is to trust but verify before you commit.

Commissary ID Card Scanning: The Malmstrom Commissary now scans ID cards. For those patrons using the regular check-out lines the cashier will scan the card for you. When using the self-service check-out lines you must scan your ID card first before scanning your items. The purpose of scanning is to compile

demographic data, utilization and shopping trends. No personal information is collected during the I.D. card scan.

Legal Assistance: Military Legal Assistance providers are available on bases worldwide to help retired military members, as well as their immediate families and/or survivors. Wills and powers of attorney are the most common forms of assistance given, but feel free to make inquiries at your local military installation to learn what assistance they may give. It's a moneysaving benefit, and every bit helps! You can find a CONUS (stateside) legal office at http://legalassistance.law.af.mil/content/legal_activities.php. More legal information, worksheets, and other legal related resources for active, reserve component, retirees and their families are available at <https://aflegalassistance.law.af.mil/las/las.html>.

For legal assistance from Malmstrom AFB, on line worksheets should be filled out before making an appointment. Call (406) 731-2878 for an appointment.

Malmstrom Websites You Can Use: There are several websites available to you to check operating hours, specials, driving directions and contact points. I strongly urge all our retirees to take advantage of the benefits we have earned. We all remember the old saying about annual leave, "use it or lose it". The same can be applied to the services and benefits we have earned with our dedicated service. Lack of utilization of a benefit leaves that benefit open to review during budget considerations. Many think only of the medical, Exchange or Commissary benefits. But there is much more available to us. FSS Services at Malmstrom has a full schedule every month. There is the Grizzly Bend with monthly activities, Outdoor Rec with scheduled trips, depending on the season-hiking, camping, fishing, skiing, the Health and Wellness Center, the Fitness Center open 24 hours a day/ 7 days a week, Arts and Crafts and Auto Hobby just to name a few. To stay abreast of what is happening at Malmstrom, check out the following websites:

www.shopmyexchange.com(locations tab at the bottom of the page)

www.341FSS.com(activities and events offered by the Force Support Squadron)

www.commissaries.com(location tab at the top of the page)

www.malmstrom.af.mil(information and news about Malmstrom)

www.facebook.com/malmstromairforcebase

Military Compensation and Retirement Modernization Commission (2015): The 2015 Military Compensation and Retirement Modernization Commission has completed their work and submitted their recommendations. The following is a synopsis of the recommendations:

1. Increase access, choice, and value of health care for active-duty family members, Reserve Component members, and retirees. TRICARE often limits access to care by confining beneficiaries to a lengthy and frustrating process for obtaining specialty care and to weak networks of civilian health care providers. The adverse effect of weak provider networks is even more profound for beneficiaries living in remote locations, including RC members. The Congress should replace the current health care program with a new system that offers beneficiaries a selection of commercial insurance plans.
2. Improve collaboration between Departments of Defense and Veterans Affairs. DoD and VA expend tremendous national resources to ensure that Service members and veterans receive world-class health care. Yet there remain substantial opportunities for enterprise wide collaboration through standardization, elimination of barriers, and implementation of best practices. Differences in drug formularies for transitioning Service members continue to disrupt effective care. Several DoD-VA resource sharing projects have generated efficiencies for both organizations, but these efforts are mostly local, isolated arrangements. Medical information cannot yet be shared seamlessly between DoD and VA, hindering effective care for Service members and veterans. To resolve these issues, the current DoD-VA Joint Executive Committee

should be strengthened with additional authorities and responsibilities to standardize and enforce collaboration between the organizations.

3. Protect both access to and savings at DoD commissaries and exchanges. DoD commissaries and exchanges provide valued financial benefits to Servicemembers and should be maintained. According to the 2013 Living Patterns Survey conducted by Defense Manpower Data Center, more than 90 percent of active-duty Service members use commissaries and exchanges. Although there are many differences between commissaries and exchanges, the Commission found these two activities perform similar missions, for similar patrons, with similar staff, using similar processes. DoD commissaries and exchanges should be consolidated to leverage these similarities. The merger of many back-end operation and support functions, alignment of incentives and policies, and consistent implementation of best practices should achieve significant efficiencies while maintaining the value of the benefits for Servicemembers and their families.

4. Health Benefit Recommendations by Beneficiary Category/Impact:

*Non-Medicare-eligible retirees currently use TRICARE Prime, Standard, or Extra. These plans would be eliminated and replaced with TRICARE Choice. When fully implemented, non-Medicare-eligible retirees would pay a 20% premium cost share. The cost share would gradually increase at a rate of 1% per year for 15 years to adjust from the current 5% cost share to the ultimate 20% cost share. Non-Medicare-eligible beneficiaries would pay out-of-pocket expenses. They would continue to have access to the TRICARE Retiree Dental Program. Under TRICARE Choice, they also would have access to health plans with partial dental coverage. Under TRICARE Choice, they would have access to vision coverage not available under TRICARE.

*Medicare-eligible retirees Currently use TRICARE for Life and would continue to do so.

*TRICARE Prime Program would be eliminated and replaced by TRICARE Choice for active duty family members. For active duty Service members, there would be no impact on benefits, costs, or where care is delivered.

*TRICARE Standard Program would be eliminated and replaced by TRICARE Choice.

*TRICARE Extra Program would be eliminated and replaced by TRICARE Choice.

*TRICARE for Life (TFL) Benefit would remain in place and would not be directly affected by Commission recommendation. Care would still be provided and claims would still be paid first through Medicare in most cases. DoD would still contract with a third-party administrator to pay claims and coordinate claims processing with Medicare administrators and medical providers. There would be an indirect impact on the minimal cases in which TFL is primary payer because of the elimination of TRICARE Prime, Standard, and Extra programs and infrastructure. DoD must retain certain responsibilities related to the TFL program, including upholding and, as appropriate, seeking changes to policies on medical services allowable under the DoD Medicare wrap-around program. When Medicare does not cover services but TFL does, TFL beneficiaries would obtain care through an unlimited network of providers that the third-party administrator verifies are licensed by the state and credentialed within the specialty in which they are providing services.

*TRICARE Reserve Select (TRS) Program would be eliminated and replaced by TRICARE Choice. Premium cost share would be 25%.

*TRICARE Retired Reserve (TRR) Program would be eliminated and replaced by TRICARE Choice. Like today, the Government would not subsidize the cost.

*TRICARE Retiree Dental Program (TRDP) Program remains in place and operates as it does today. Retirees would retain the same premium cost share they experience under TRDP. Additionally, TRICARE Choice would contain some health plans with partial dental coverage.

*TRICARE Pharmacy the pharmacy benefit would remain in place. DoD would manage the pharmacy program and continue to use the DoD formulary and Federal Supply Schedule pricing.

TRICARE

TRICARE Service Center Walk-in Service: Effective 1 April 2014, TRICARE walk-in assistance will no longer be provided at any U.S. base. Beneficiaries will need to contact TRICARE through the website, www.tricare.mil, or by phone at 1-877-988-9378. Through this process you will be able to enroll in a plan, file or check a claim, view referrals and authorizations, find a doctor, change your primary care manager, see what is covered, compare plans, manage prescriptions and many other services. Malmstrom AFB Clinic still has a referral management office.

TRICARE Nurse Advice Line: Sometimes it's hard to know when to seek medical help for urgent health problems. Having access to a trusted medical professional at a moment's notice is invaluable. The new TRICARE Nurse Advice Line (NAL) does just that. Since April 25, 2014, all TRICARE beneficiaries in the continental United States, Alaska and Hawaii can get health advice by calling the NAL, toll-free and 24/7. The NAL number is 1-800-TRICARE (874-2273), select option 1.

The NAL is a team of registered nurses who answer urgent healthcare questions. They give beneficiaries professional medical advice to help decide whether self-care is the best option, or they should see a healthcare provider. They will recommend if it's ok to wait for care, or if beneficiaries should seek urgent or emergency care. There is always a live person on the line to answer health questions.

The NAL has pediatric nurses to answer children's health questions. If follow-up to the child's care is needed or requested, the NAL will call back to check on them a few hours later. The NAL can also help beneficiaries find the closest medical care if they need it.

When beneficiaries call the NAL, a representative checks their eligibility in the Defense Enrollment and Eligibility Reporting System (DEERS). Beneficiaries with an urgent health care concern or question speak to a registered nurse who asks the beneficiary a series of standard questions to recommend the next steps and give them best advice possible.

TRICARE Pharmacy Home Delivery: TRICARE Pharmacy Home Delivery is your least expensive option when not using the military pharmacy. Home delivery is safe, convenient and easy to use even when you're traveling or if you move.

- Get up to a 90-day supply for most medications
- Request refills by mail, phone or online
- (<http://www.tricare.mil/Pharmacy/FillPrescriptions/HomeDelivery/Refills.aspx>)
- Recommended for prescriptions you take on a regular basis

Converting Retail Prescriptions to Home Delivery: If you're already getting prescriptions at a TRICARE retail network pharmacy and you'd like to switch to home delivery, you can quickly and easily convert your prescriptions to home delivery in about 4-7 minutes at

<http://www.tricare.mil/Pharmacy/FillPrescriptions/HomeDelivery/Convert.aspx>.

Turning 65: Understanding TRICARE, Medicare: A 64-year-old beneficiary is currently receiving TRICARE benefits. When he turns 65, does he need Medicare if he already has TRICARE? Will he personally have to sign-up for Medicare or will TRICARE do this for him? Questions like these are normal for some beneficiaries not sure of their options when turning 65. TRICARE and Medicare are separate programs. Medicare is health insurance for people age 65 or older, as well as for people under age 65 who have qualified for Social Security disability insurance. TRICARE For Life is TRICARE's Medicare-wraparound coverage available to all Medicare-eligible TRICARE beneficiaries, regardless of age or place of residence, provided they have Medicare Parts A and B. There is no paperwork associated with TFL. Beneficiaries automatically gain coverage when they meet the requirements. Beneficiaries must sign up for Medicare as soon as they become eligible to ensure that they continue to get benefits under TRICARE. Beneficiaries turning 65 receive

reminder letters from the Defense Manpower Data Center. For more information regarding Medicare sign-up, beneficiaries can call at 800-633-4227 or go to www.medicare.gov. Beneficiaries are ineligible for TRICARE benefits for any period of time that they have Medicare Part A but not Part B, with several exceptions. For information on these exceptions, beneficiaries can go to www.tricare.mil/factsheets/Medicare or talk with their regional health care contractor. While Medicare is the primary insurance when a beneficiary turns 65, TRICARE acts as the secondary insurance, minimizing out-of-pocket expenses. TRICARE covers Medicare's co-insurance and deductible. After Medicare pays its part of the claim, TRICARE pays the remaining amount for any TRICARE covered services and the beneficiary pays nothing. As the primary payer, Medicare approves health care services for payment. If a beneficiary has other health insurance, Medicare forwards their claim to that company. The beneficiary must then file a paper claim with their TRICARE contractor. If the beneficiary has employer group health plan coverage based on current employment, the employer group pays first, Medicare pays second and TRICARE pays last. Medicare does not provide coverage outside of the United States and U.S. territories (American Samoa, Guam, the Northern Mariana Islands, Puerto Rico and the U.S. Virgin Islands). TRICARE is the primary payer for health care received overseas (except U.S. territories), unless the beneficiary has other health insurance. Overseas, TFL provides the same coverage as TRICARE Standard and has the same cost-shares and deductibles. When seeking care from a host-nation provider, beneficiaries should be prepared to pay up front for services and submit a claim to the overseas claims processor. Beneficiaries who have further questions about TRICARE and Medicare coverage can go to www.tricare.mil. For more retiree news and information, please visit www.retirees.af.mil.

Small Increase to TRICARE Pharmacy Copays Begins February 1, 2015: New copayments for prescription drugs covered by TRICARE went into effect February 1, 2015. The Fiscal Year 2015 National Defense Authorization Act (NDAA) requires TRICARE to increase most pharmacy copays by \$3. Drugs from military pharmacies and generic drugs from TRICARE Pharmacy Home Delivery still cost beneficiaries \$0. TRICARE pharmacy copays vary based on the class of drug and where beneficiaries choose to fill their prescriptions. Home Delivery copays for formulary brand name drugs are going from \$13 to \$16, and for non-formulary from \$43 to \$46. You can get up to a 90-day supply of drugs through Home Delivery. At the retail pharmacy network, copays for generic formulary drugs go from \$5 to \$8, brand name formulary go from \$17 to \$20 and non-formulary from \$44 to \$47. You can get up to a 30-day supply of drugs at retail pharmacies. Some pharmacy copays are not changing in 2015. Military pharmacies remain the lowest cost option for beneficiaries, with no cost for drugs, and generic formulary medications at Home Delivery remain \$0. Home Delivery is a low cost, safe and convenient way for TRICARE beneficiaries to get their maintenance medications. Copays at non-network retail pharmacies will also change, based on the changes to retail copays. For more details, visit the TRICARE pharmacy costs page.



Disclaimer: This retiree newsletter is written, edited and published by volunteers of the Malmstrom AFB Retiree Activities Office to provide current information to military retirees residing in Montana. The information or comments in this newsletter do not necessarily represent the position of the United States Air Force, Air Force Global Strike Command or the 341st Missile Wing.

//SIGNED – MLF//
DENIS R. MILLER, AZC (AW), USN, (Ret)
Director, Retiree Activities Office
Malmstrom AFB, Montana



Col Tom Wilcox, Commander 341st Missile Wing Welcomes Retirees to the 2014 annual event.
(Courtesy photo: MSgt Sarah Edwards)



Retirees enjoy the social hour after the Retreat Ceremony on Friday. (Courtesy photo: Denis Miller)



Aurelia Cunningham, widow of Larry Cunningham, accepts the Volunteer of the Year award from Col Wilcox on behalf of her husband. (Courtesy photo: MSgt Sarah Edwards)



2Lt Bryant Johanson, Col Marne Deranger and her husband Chad, MSgt Lois Nettleton and Scott Peterson enjoy dinner. (Courtesy photo: MSgt Sarah Edwards)



The theme for this year was the Korean War, honoring all our Korean War veterans. (Courtesy photo: MSgt Sarah Edwards)



Retirees are welcomed and take advantage of the Commissary Case Lot sale. (Courtesy photo: Denis Miller)



The Exchange sets out the welcome mat for the retirees during Retiree Weekend. (Courtesy photo: Denis Miller)



The 341st Medical Group all hands of deck approach to the retiree weekend was greatly appreciated by the retirees. (Courtesy photo: Denis Miller)



This quarter's judges for the Warrior Chef competition Sept. 4 at the Elkhorn Dining Facility were Maj. Karen Dayle-Horsley, 341st Force Support Squadron commander, Lynne Henryford, cookbook author, and Denis Miller, Air Force Association representative. Judges scored competitors on their dish's taste, appearance, creativity, dress and appearance of the chef team and honoring the theme ingredient.

(U.S. Air Force photo/Airman 1st Class Joshua Smoot)



ALS Class 14-D Graduation

Senior Amn Simia Lee, 741st Missile Security Forces receives the Academic Achievement Award. Presenting the award are Col Marne Deranger, 341st MW vice-commander, Denis Miller, Malstrom Retiree Association, SMSgt Marion Saenz 341st LRS, and CMSgt Phillip Easton, 341st MW Command Chief (U.S. Air Force photo/John Turner)

RETIREE APPRECIATION WEEKEND AGENDA:

15 May, Friday

- 1600 Retreat ceremony at Medal of Honor Park, across from the Commissary(In case of inclement weather, it will be held at the station theater.)
- 1630 No-host social at Grizzly Bend.

16 May, Saturday

- 0700 MPS Customer Service, Commissary, and the Medical Clinic opens
- 0900-1230 Brunch available at the Elkhorn Dining Facility / 33% surcharge
- 0900 Base Exchange opens
- 1000 Malmstrom Museum opens
- 1300 Programs for Retirees Briefing (Casualty Affairs, Legal, Veterans Affairs, Social Security and What's New at Malmstrom) at Base Chapel
- 1730-2100 Annual retiree social and dinner at the Grizzly Bend- **RESERVATIONS REQUIRED IN ADVANCE and must be received NLT 1 May 2015.** (Dress: coat and tie)

17 May, Sunday

- 0900-1230 Brunch available at the Elkhorn Dining Facility / 33 % surcharge
- 0900 Base Exchange opens
- 1000 Commissary opens

✂ Clip and Save
Clip and Mail

Clip and Save ✂
Clip and Save

RETIREE WEEKEND RESERVATION FORM

RESERVATIONS MUST BE RECEIVED BY 1 MAY. FIRST COME FIRST SERVED. NO REFUNDS.

Enclosed find my /our reservation request/payment. Check payment form: Check Money order.

NOTE: DUE TO SITUATIONS BEYOND OUR CONTROL WE CAN NO LONGER ACCEPT CREDIT CARDS FOR PAYMENT. All reservations must be accompanied with correct payment.

Programs for Retirees Brief

Base Chapel

coffee

Number Attending _____

Name _____

Spouse/Guest _____

Retiree dinner, 16 May at 1730

Grizzly Bend: roasted red potatoes, garlic green beans, grilled chicken, fettuccine alfredo, salad, roll, and desert

Cost **\$25.00 per person** (includes dinner, guest speaker and door prize drawings.)

Number attending _____

Amount enclosed _____

Name _____

Spouse/Guest _____

Mail this reservation and payment to:

341 MDG / Retiree Services

468 74th Street North

Malmstrom AFB MT 59402

Please write checks for the exact amount payable to: Retiree Activities

341 MDG/Retiree Services
468 74th Street North
Malmstrom AFB MT 59402

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